

# Rangliste

# 21. RHYATHLON



Der Rheintaler Triathlon

# 18. August 2013

## HAUPTSPONSOREN



# KATEGORIEN-SPONSOREN

## Kids



## Schüler



## Jugend



## Junioren



## Plausch



## Stafette klein



## Stafette gross



## Firmenstafette



## Altersklasse 20-34 Männer



## Altersklasse 20-34 Frauen



## Altersklasse 35-44 Männer



## Altersklasse 35-44 Frauen



## Altersklasse 45-54 Männer



## Altersklasse 45-54 Frauen



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## Altersklasse 55++



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Wir freuen uns auf Ihren Besuch

# RHYSPO.RT.NET



## 21. Rhyathlon 18.8.2012

### AK 20-34 männlich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	118	Schiess	Urs	Lustmühle	1983	07:53.1	34:31.7	07:05.8	07:19.3	06:51.9	01:03:41.9
2.	186	Delco	Greg	Mendrisio	1992	07:22.3	35:03.1	07:22.9	07:40.9	07:20.6	01:04:49.8
3.	214	Keller	Daniel	Salez	1984	08:09.2	35:41.5	08:07.2	08:11.7	07:49.2	01:07:58.8
4.	163	Goldinger	Markus	Bonstetten	1981	08:24.9	36:21.5	07:45.7	08:00.9	07:32.1	01:08:05.1
5.	129	Nüesch	Mathias	Balgach	1982	10:00.0	36:48.1	07:28.5	07:24.9	07:04.3	01:08:45.8
6.	126	Längle	Alexander	Feldkirch	1981	10:49.6	36:48.9	07:30.0	07:36.3	07:14.9	01:09:59.6
7.	210	Treier	Michael	Marbach	1983	09:26.3	38:15.8	07:58.8	08:01.8	07:32.2	01:11:14.8
8.	169	Peltonen	Antti	Bern	1986	10:47.8	37:41.5	07:49.1	07:54.1	07:23.0	01:11:35.4
9.	107	Hüppi	Ramon	Balgach	1984	09:35.2	36:59.3	08:40.9	08:50.3	08:10.1	01:12:15.7
10.	170	Bachmann	Michael	Bütschwil	1984	10:18.5	36:16.6	08:39.1	08:54.0	08:13.4	01:12:21.5
11.	102	Albertin	Ismael	Marbach	1981	10:28.4	38:08.0	08:05.6	08:04.1	07:46.8	01:12:33.0
12.	155	Magg	Clint	Appenzell	1983	09:39.0	38:23.3	08:42.2	09:08.1	08:14.5	01:14:07.1
13.	196	Tobi	Haufler	Basel	1983	09:56.3	37:56.8	08:53.3	09:00.8	08:29.1	01:14:16.3
14.	171	Morger	Simon	Zürich	1981	10:59.9	37:29.1	08:58.4	09:00.9	07:54.3	01:14:22.5
15.	140	Meier	Cyrrill	St.Gallen	1981	10:42.1	37:40.6	09:00.4	08:51.3	08:21.7	01:14:36.1
16.	120	Ewen	Volker	Buchs	1980	10:13.6	37:14.8	09:12.2	09:16.2	08:53.6	01:14:50.4
17.	119	Grosjean	Louis	Bühler	1982	10:17.5	39:20.1	08:56.8	09:07.6	08:49.1	01:16:31.0
18.	157	Zogg	Tobias	Grabs	1982	09:25.3	39:16.1	09:36.6	09:43.4	09:28.2	01:17:29.6
19.	190	Bruhin	Marco	Gossau	1981	10:11.0	38:24.1	09:53.3	10:20.7	09:23.5	01:18:12.7
20.	207	Burri	Fabian	Bern	1990	10:56.6	41:49.2	09:27.2	10:07.2	09:17.8	01:21:38.0
21.	199	Stucki	Nicolas	Basel	1984	09:40.6	38:59.1	11:10.1	11:39.3	10:43.4	01:22:12.4
22.	103	Simmen	Stefan	Sennwald	1985	10:44.4	42:39.0	09:34.9	10:11.4	09:31.5	01:22:41.3
23.	148	Paschke	Sascha	St. Gallen	1986	10:53.4	44:24.7	09:34.0	09:24.4	08:48.9	01:23:05.3
24.	128	Längle	Rene	Feldkirch	1982	14:59.4	34:01.3	10:59.4	11:40.2	12:13.9	01:23:54.2
25.	127	Längle	Mario	Feldkirch	1979	29:30.0	41:33.6	11:47.6	12:20.1	11:40.6	01:46:51.8
26.	135	Griell	Samuel	Lauterach	1985	08:29.8	23:47.9	08:46.8	-	-	(41:04.5)
27.	143	Jeannet	Yanik	St. Gallen	1981	08:34.5	37:16.3	09:14.1	-	-	(55:04.9)

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### AK 20-34 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	158	Klingler	Nicole	Ruggell	1980	09:08.2	38:30.7	08:04.0	08:19.6	07:38.9	01:11:41.4
2.	110	Benz	Sandrine	Steinach	1984	08:42.5	37:15.7	08:39.8	08:50.9	08:14.3	01:11:43.2
3.	147	Janeckova	Petra	St. Margrethen	1984	10:21.5	41:03.0	08:22.3	08:36.9	08:20.6	01:16:44.2
4.	198	Meier	Reona	Hombrechtikon	1990	09:17.7	39:35.2	09:49.8	09:52.4	09:15.3	01:17:50.4
5.	216	Rütsche	Katharina	St. Gallen	1990	09:18.4	41:18.3	09:11.2	09:27.8	08:46.6	01:18:02.3
6.	172	Fürst	Seraina	Zürich	1983	10:58.6	46:11.7	11:44.6	12:30.7	11:35.2	01:33:00.8
7.	137	Sager	Corinne	Degersheim	1985	10:15.5	48:29.8	12:55.3	14:20.3	13:56.1	01:39:56.9
8.	164	Chang	Chia-Wei	Mauren	1982	17:35.9	46:05.1	12:49.6	13:09.1	12:05.8	01:41:45.5
9.	213	Gätzi	Florina	Altstätten	1981	14:52.6	50:04.2	12:23.7	12:59.6	12:04.3	01:42:24.3

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### AK 35-44 männlich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	200	Rechsteiner	Dominik	Wittenbach	1971	07:15.0	35:13.0	07:48.0	08:12.0	06:27.3	01:04:55.3
2.	195	Bollhalder	Kenneth	Oetwil Am See	1972	07:42.2	34:47.6	07:48.2	08:12.0	07:52.9	01:06:22.8
3.	167	Gassner	Daniel	Schaan	1978	08:19.9	36:37.2	07:56.9	08:08.5	08:00.5	01:09:02.9
4.	223	Heim	Samuel	Romanshorn	1973	08:38.8	37:28.8	08:11.9	08:22.4	07:57.1	01:10:38.9
5.	121	Kolar	Robert	Rorschacherberg	1974	10:19.5	36:29.8	08:16.4	08:27.9	08:04.5	01:11:38.1
6.	160	Hofstetter	Sascha	Hettlingen	1978	09:06.4	36:01.6	09:13.9	09:18.5	09:18.5	01:12:59.0
7.	106	Rickenbach	Reto	Zufikon	1973	10:54.5	36:41.9	08:41.7	08:49.5	08:15.9	01:13:23.6
8.	166	Willaert	Tom	Rorschach	1970	10:48.7	39:29.9	07:57.7	07:55.8	07:29.1	01:13:41.2

9.	153	Brägger	Ueli	Eschenbach SG	1971	09:48.2	35:23.6	09:35.8	10:02.3	09:23.9	01:14:13.8
10.	203	Wachter	Urs	Uster	1969	10:22.9	37:04.5	09:21.1	09:34.6	09:15.9	01:15:39.0
11.	168	Weder	Patrick	Au	1976	11:15.0	38:43.8	08:46.2	08:49.8	08:17.6	01:15:52.4
12.	187	Saks	Tauno	Diepoldsau	1970	09:52.6	38:24.1	09:23.4	09:43.7	09:13.9	01:16:37.8
13.	209	Klante	Benjamin	Wallisellen	1976	10:43.2	35:52.7	09:47.3	10:34.3	10:47.4	01:17:44.9
14.	165	Jacob	Cristinel	Roth	1974	10:41.1	38:56.1	09:43.2	09:51.2	09:14.0	01:18:25.4
15.	211	Hutter	Daniel	Widnau	1975	11:26.6	41:13.3	09:41.4	09:44.4	09:20.9	01:21:26.5
16.	180	Gächter	Roland	Oberriet	1972	13:04.0	43:47.7	08:27.6	08:38.5	08:29.3	01:22:27.0
17.	108	Frei	Roman	Balgach	1978	11:13.4	45:02.4	10:01.0	10:01.6	09:14.2	01:25:32.6
18.	177	Höpfl	Gaston	Oberstaufen	1970	11:40.6	42:16.5	10:55.9	11:12.4	10:40.2	01:26:45.5
19.	141	Walser	Mark	Montlingen	1975	12:03.9	43:27.0	11:16.7	11:01.7	10:20.7	01:28:10.0
20.	100	Kessler	Marcel	Worb	1969	10:31.3	45:10.9	10:39.0	11:14.9	11:19.8	01:28:55.9
21.	181	Seitz	Rene	Diepoldsau	1971	12:49.4	47:35.6	11:27.6	11:58.4	11:33.7	01:35:24.6

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### AK 35-44 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	142	Bechtiger	Iris	Wald	1973	11:18.0	40:03.3	09:01.8	09:09.9	08:45.8	01:18:18.7
2.	139	Sulser	Petra	Grabs	1974	10:01.8	39:34.9	09:37.7	10:06.1	09:30.1	01:18:50.6
3.	204	Schwab	Andrea	Uster	1969	09:58.6	39:40.0	09:55.7	10:04.7	09:53.8	01:19:32.8
4.	104	Sestito	Luzia	Dielsdorf	1969	12:17.7	41:14.7	09:14.8	09:22.8	09:00.2	01:21:10.2
5.	221	Meile	Susanne	Kriessern	1969	11:55.9	44:57.2	09:34.5	09:49.4	09:16.7	01:25:33.6
6.	220	Rechsteiner	Ramona	Wittenbach	1976	10:39.1	45:57.7	10:25.3	10:39.9	09:53.5	01:27:35.3
7.	131	Dürr	Nicole	Buchs	1974	11:17.3	45:30.2	10:15.8	10:57.1	10:13.4	01:28:13.8
8.	124	Berlinger	Christina	Dornbirn	1972	11:27.9	48:08.2	09:49.7	10:12.3	09:44.7	01:29:22.7
9.	185	Leuener	Esther	Oberriet	1974	12:48.6	47:55.7	11:20.7	11:49.2	11:17.2	01:35:11.4
10.	105	Kälin	Erika	Einsiedeln	1969	16:19.7	52:10.2	11:12.5	11:21.5	10:24.2	01:41:28.1

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### AK 45-54 männlich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	159	Schawalder	Reto	Arnegg	1959	07:45.5	34:45.2	08:09.4	08:21.0	07:55.6	01:06:56.6
2.	111	Kraus	Ulrich	Engelburg	1968	07:23.9	35:07.8	08:08.1	08:29.0	08:09.6	01:07:18.4
3.	145	Eugster	Christoph	Wolfhalden	1967	09:34.8	35:56.8	07:57.9	08:19.0	08:00.7	01:09:49.2
4.	151	Burger	Dominik	Uster	1963	08:44.2	37:05.7	08:19.2	08:23.6	08:02.6	01:10:35.3
5.	123	Stoppel	Gernot	Dornbirn	1968	09:28.0	35:35.2	08:57.2	08:57.2	08:42.6	01:11:40.2
6.	136	Koller	Daniel	Speicher	1962	09:14.4	36:05.6	08:52.3	09:08.1	08:33.1	01:11:53.5
7.	194	Eberle	Alex	St.Gallen	1968	08:45.3	37:06.7	08:27.1	09:00.5	08:41.7	01:12:01.4
8.	161	Kern	Hans	Rehetobel	1965	10:07.4	38:15.4	07:56.1	08:09.8	07:47.2	01:12:15.9
9.	174	Schellander	Jürgen	Höchst	1966	10:03.7	34:56.9	09:42.6	09:45.9	09:07.5	01:13:36.7
10.	146	Walser	Andreas	St.Gallen	1968	09:22.6	38:37.5	08:33.5	09:02.0	08:45.9	01:14:21.5
11.	202	Schär	Christoph	Gossau	1961	09:36.4	35:50.3	09:59.8	10:02.5	09:26.4	01:14:55.4
12.	175	Graf	Kurt	Amriswil	1964	10:46.9	38:17.9	09:37.0	09:51.1	09:20.4	01:17:53.3
13.	208	Röthlisberger	Paul	Gossau	1964	09:58.0	38:42.5	09:35.8	10:08.4	09:58.5	01:18:23.1
14.	201	Kloos	Michael	Bolligen	1967	09:12.7	40:34.4	10:16.0	10:32.1	10:06.3	01:20:41.5
15.	138	Steingruber	Hugo	Walzenhausen	1966	12:38.3	41:55.3	09:03.5	09:10.3	08:46.2	01:21:33.7
16.	156	Weinhofer	Dietmar	Koblach	1965	12:07.5	40:22.5	10:02.3	10:01.4	09:02.6	01:21:36.3
17.	191	Bänziger	Dany	Sonnental	1962	12:21.8	40:22.1	09:53.7	10:01.7	09:26.2	01:22:05.5
18.	109	Bänziger	Peter	Rehetobel	1959	11:43.9	41:46.5	09:20.4	09:46.9	09:46.3	01:22:24.0
19.	149	Dietsche	Ruedi	Kriessern	1963	11:15.9	41:25.9	09:44.1	10:17.2	10:02.5	01:22:45.7
20.	130	Schroeder	Winfried	Thal	1967	11:50.2	43:51.2	09:07.3	09:41.9	09:24.0	01:23:54.5
21.	134	Müller	Dieter	Ostfildern	1964	11:23.2	38:24.7	11:03.8	11:48.9	11:24.4	01:24:05.0
22.	192	Rubin	Joerg	Rebstein	1962	12:03.5	42:18.5	11:26.0	12:08.8	11:17.5	01:29:14.4
23.	217	Tinner	Roger	Diepoldsau	1961	12:15.6	45:32.9	11:16.2	12:08.9	11:15.8	01:32:29.3
24.	178	Zoll	Markus	Oberstaufen	1964	12:31.0	44:07.3	11:22.1	13:10.0	12:34.8	01:33:45.3
25.	179	Frei	Rene	Widnau	1963	13:51.4	48:46.8	09:35.9	11:00.5	10:38.3	01:33:52.9
26.	219	Sonderegger	Viktor	Rorschacherberg	1962	13:35.4	47:58.4	10:37.0	11:16.3	11:22.9	01:34:50.0
27.	112	Christinger	Erich	Frasnacht	1959	12:43.2	46:22.8	11:37.3	12:33.2	12:20.8	01:35:37.3
28.	117	Schneider	Ulrich	Wörth	1960	11:47.7	47:24.5	12:53.9	13:02.7	11:58.9	01:37:07.6
29.	113	Keller	Michael	Mörschwil	1962	13:34.1	49:07.0	11:15.4	12:54.2	12:37.9	01:39:28.6
30.	183	Nuber	Reinhard	Wittenbach	1962	14:47.4	50:49.4	12:56.5	14:03.4	14:15.4	01:46:52.1

	184	Kandel	Michel	Oberriet	1965	08:42.0	23:46.4	08:40.9	-	-	(41:09.3)
32.	152	Karner	Johann	Triesen	1960	09:55.3	-	-	-	-	(09:55.3)

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### AK 45-54 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	212	Lenti	Anita	Salez	1965	08:23.8	38:39.0	09:14.6	09:15.1	08:57.3	01:14:29.7
2.	218	Schirmer	Margot	Balgach	1962	09:54.1	38:28.5	10:02.2	10:31.8	10:14.0	01:19:10.6
3.	215	Engler	Irene	Balgach	1962	09:21.0	40:22.0	10:08.9	10:33.5	10:01.2	01:20:26.6
4.	162	Kern	Irene	Rehetobel	1963	12:14.6	44:54.6	10:37.6	10:38.5	09:58.4	01:28:23.7
5.	173	Schellander	Birgit	Höchst	1966	12:13.6	45:53.6	11:15.5	11:48.9	11:24.3	01:32:35.9
6.	116	Schneider	Elisabeth	Wörth	1959	12:42.5	48:09.0	10:56.5	11:23.8	10:49.1	01:34:00.8

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### AK 55++ männlich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	133	Runer	Klaus	Bozen	1955	09:11.4	36:30.5	09:10.2	09:17.1	09:06.4	01:13:15.7
2.	114	Grässli	Silvio	Grabs	1958	10:35.9	38:49.1	10:06.5	10:37.3	10:16.5	01:20:25.2
3.	154	Gebert	Niklaus	Rorschach	1948	12:11.8	44:12.5	10:54.0	11:20.6	10:35.9	01:29:14.8
4.	132	Rajsp	Hans	Feldkirch	1956	11:49.0	41:42.3	11:22.5	12:45.8	12:18.9	01:29:58.6
5.	101	Waser	August	Altstätten	1954	15:32.4	48:41.1	11:14.9	11:32.8	11:06.7	01:38:07.9

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### AK 55++ weiblich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	115	Troxler-Gruber	Silvia	Balgach	1958	12:26.6	47:17.0	11:41.1	12:27.0	11:58.9	01:35:50.7
2.	222	Gut	Eva	Volketswil	1951	14:26.2	51:00.0	12:07.4	13:23.1	12:51.2	01:43:48.0

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### Firmenstaffette

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	36	Leica Geosystems									
		Toeroek	Zoltan	Berneck	1979	07:43.0	34:39.4	06:46.4	07:19.9	07:01.4	01:03:30.1
		Lechthaler	Dany	Dornbirn	1979	-	-	-	-	-	-
		Stutz	Reto	Berneck	1977	-	-	-	-	-	-
2.	32	Oberstufe Altstätten									
		Good	Ralph	Altstätten	1958	11:24.1	35:19.9	08:31.1	09:19.3	08:53.7	01:13:28.1
		Marquart	Manuel	Rebstein	1982	-	-	-	-	-	-
		Waibel	Manuel	Altstätten	1986	-	-	-	-	-	-
3.	10	InnoVATion statt Kondition!									
		Eng	Fabian	Maienfeld	1988	08:55.9	37:35.9	08:48.7	09:29.9	08:42.6	01:13:32.9
		Rohner	Rico	Widnau	1977	-	-	-	-	-	-
		Allenspach	Nicolas	Buchs	1994	-	-	-	-	-	-
4.	37	Vectronix 1									
		Eschenmoser	Dominik	Heerbrugg	1988	09:48.9	40:28.5	07:53.5	08:24.7	08:16.7	01:14:52.3
		Halter	Marcel	Heerbrugg	1986	-	-	-	-	-	-
		Patzen	Markus	Widnau	1963	-	-	-	-	-	-
5.	5	Alpha RHEINTAL Bank Hurricanes									
		Dubach	Markus	Grabs	1963	09:43.0	36:53.9	09:46.7	10:19.2	10:08.0	01:16:50.8
		Berger	Raphael	Widnau	1988	-	-	-	-	-	-
		Bartholet	Roland	Hinterforst	1969	-	-	-	-	-	-
6.	11	rekordVATächtigt									
		Bless	Roger	Flums	1975	09:33.1	39:40.0	09:16.2	09:37.3	09:03.5	01:17:10.0
		Eschenmoser	Adrian	Grabs	1986	-	-	-	-	-	-
		Schädler	Dominik	Triesen	1984	-	-	-	-	-	-
7.	39	Beat Sport									
		Wehrli	Sibylla	Buchs	1961	11:10.2	40:11.1	08:55.5	09:59.9	10:09.4	01:20:26.1
		Wehrli	Ramon	Buchs	1988	-	-	-	-	-	-
		Schlegel	Beat	Grabs	1958	-	-	-	-	-	-

<b>8.</b>	8	VAT PG super 7even									
		Bobnar	Guido	Eichberg	1967	08:39.7	39:30.8	10:27.4	11:21.4	11:20.9	01:21:20.2
		Kopriva	Harald	Feldkirch	1981	-	-	-	-	-	-
		Bereuter	Rene	Lauterach	1976	-	-	-	-	-	-
<b>9.</b>	7	VAT Force									
		Rutzer	Marc	Walenstadt	1975	11:03.8	41:35.8	09:33.1	10:18.2	09:44.7	01:22:15.5
		Woerz	Urs	Planken	1967	-	-	-	-	-	-
		Anner	Fabian	Sax	1989	-	-	-	-	-	
<b>10.</b>	38	Vectronix 2									
		Stacher	Martina	Heerbrugg	1983	08:59.4	44:25.4	09:21.0	10:02.2	09:40.3	01:22:28.2
		Hauser	Brigitte	Altstätten	1969	-	-	-	-	-	-
		Reuss	Christoph	Heerbrugg	1970	-	-	-	-	-	
<b>11.</b>	35	SFS Bamlog									
		Hasler	Peter	Kriessern	1964	10:33.6	38:47.7	10:18.0	11:35.1	11:25.2	01:22:39.6
		Frei	Hanspeter	Montlingen	1960	-	-	-	-	-	-
		Baumgartner	Markus	Engelburg	1958	-	-	-	-	-	
<b>12.</b>	19	Alpha RHEINTAL Bank Cool Runnings									
		Loher	Toni	Altstätten	1964	10:26.6	45:55.3	09:04.5	09:24.4	09:19.2	01:24:10.0
		Frei	Stefan	Balgach	1955	-	-	-	-	-	-
		Benz	Sariska	Oberriet	1984	-	-	-	-	-	
<b>13.</b>	24	Spiess									
		Weder	Roland	Balgach	1977	11:19.2	40:51.4	09:22.2	12:53.8	12:14.1	01:26:40.7
		Serwart	Daniel	Diepoldsau	1968	-	-	-	-	-	-
		Thomas	Lenherr	Diepoldsau	1983	-	-	-	-	-	
<b>14.</b>	2	Mobi-Team									
		Keller	Michael	Heerbrugg	1984	10:40.2	47:01.6	09:12.1	10:34.3	09:50.2	01:27:18.3
		Burkart	Fabian	Heerbrugg	1984	-	-	-	-	-	-
		Wagler	Janik	Heerbrugg	1992	-	-	-	-	-	
<b>15.</b>	9	VATination									
		Meier	Beat	Wangs	1980	10:55.7	49:08.2	09:22.0	10:17.6	09:52.6	01:29:36.1
		Schlegel	Guido	Mels	1964	-	-	-	-	-	-
		Meier	Olivia	Vilters	1985	-	-	-	-	-	
<b>16.</b>	6	VAT ZSP1									
		Wolfger	Alexander	Sennwald	1980	10:38.1	44:15.0	11:07.8	12:19.2	12:15.1	01:30:35.1
		Hammer	Manfred	Ludesch	1967	-	-	-	-	-	-
		Jussel	Thomas	Nenzing	1979	-	-	-	-	-	
<b>17.</b>	12	Quo VATis									
		Willi	Esther	Igis	1979	11:51.1	48:20.8	09:19.6	11:18.6	11:26.6	01:32:16.6
		Dingler	Daniel	Feldkirch	1979	-	-	-	-	-	-
		Jonker	Michael	Hinterforst	1969	-	-	-	-	-	
<b>18.</b>	18	Alpha RHEINTAL Bank Girls									
		Vatrella	Nadja	Diepoldsau	1973	11:33.6	45:57.9	11:34.6	12:34.1	11:58.2	01:33:38.5
		Frisenda	Beatrice	Au	1963	-	-	-	-	-	-
		Bünter	Katrin	Balgach	1993	-	-	-	-	-	
<b>19.</b>	17	Alpha RHEINTAL Bank Youngsters									
		Vogt	Kevin	Oberriet	1997	09:32.3	46:43.0	10:33.8	14:17.3	13:45.0	01:34:51.3
		Bräckle	Maximilian	Berneck	1995	-	-	-	-	-	-
		Lüchinger	Pascal	Oberriet	1991	-	-	-	-	-	
<b>20.</b>	15	actiVATeam									
		Lampert	Michael	Feldkirch-Nofels	1963	11:29.1	52:51.1	10:00.6	11:05.5	10:46.9	01:36:13.1
		Walser	Nadine	Flums	1988	-	-	-	-	-	-
		Honstein	Gabriele	Buchs	1977	-	-	-	-	-	
<b>21.</b>	13	RadioaktiVATed									
		Zünd	Roger	Altstätten	1982	13:17.3	49:10.8	11:50.6	13:44.7	13:04.0	01:41:07.4

Winter	Dietmar	Bregenz	1968	-	-	-	-	-	-
Tronca	Michele	Jona	1972	-	-	-	-	-	-

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### Jugend 14-17 männlich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	76	Salamin	Antonin	Bulle	1998	02:28.7	11:27.1	07:10.9	-	-	21:06.6
2.	73	Baumann	Nando	Heiden	1996	02:58.5	11:38.5	07:05.5	-	-	21:42.4
3.	77	Matter	Joel	Rebstein	1996	02:27.8	11:10.1	08:58.7	-	-	22:36.6
4.	70	Ziegler	Michael	Balgach	1998	02:49.2	12:26.6	08:04.4	-	-	23:20.2
5.	71	Burger	Basil	Uster	1998	03:11.6	12:58.7	08:37.7	-	-	24:48.0
6.	75	Suter	Timo	Wallisellen	1999	03:31.3	13:51.1	09:59.4	-	-	27:21.8

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### Jugend 14-17 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	72	Krähenbühl	Annina	Hombrechtikon	1996	02:31.8	13:28.0	11:12.1	-	-	27:11.9

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### Junioren 18-19

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	205	Sieber	Rafael	Widnau	1998	10:29.3	42:28.7	10:26.4	13:33.4	10:17.7	01:27:15.5
2.	206	Frei	Yves	Walzenhausen	1995	13:38.4	46:19.0	09:37.5	10:55.6	09:25.6	01:29:56.0

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### Juniorinnen 18-19

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	188	Katja	Engler	Balgach	1994	08:57.7	45:36.9	10:50.1	12:14.6	11:37.6	01:29:16.8

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### Schüler 10-13 männlich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	60	Wachter	Simon	Uster	2000	01:57.5	12:25.9	04:45.7	-	-	19:09.1
2.	56	Ziegler	Jan	Balgach	2000	02:16.1	12:57.0	04:29.8	-	-	19:42.9
3.	61	Klante	Lucas	Wallisellen	2001	02:04.2	13:06.2	05:01.5	-	-	20:11.9
4.	58	Suter	Leon	Wallisellen	2002	03:06.5	15:50.5	08:46.1	-	-	27:43.0

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### Schüler 10-13 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	59	Blöchlinger	Ronja	Heiden	2001	02:35.1	12:21.7	04:48.6	-	-	19:45.4
2.	63	Hefel	Theresa	Feldkirch	2001	01:56.5	13:03.2	04:59.2	-	-	19:58.8
3.	57	Manser	Nicole	Appenzell	2000	02:17.8	14:09.2	06:03.4	-	-	22:30.5
4.	55	Ingold	Sarah	Rorschach	2001	02:36.7	14:54.8	05:51.0	-	-	23:22.6
5.	64	Manser	Svenja	Appenzell	2002	02:50.5	15:02.5	05:57.2	-	-	23:50.2
6.	62	Müller	Ariane	Aesch	2000	02:34.4	15:16.9	06:07.4	-	-	23:58.7

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### Stafette gross

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	21	Rhiithalexpress									
		Fischli	Daniel	Sax	1980	08:36.9	35:09.8	07:17.3	08:18.0	07:37.9	01:06:59.8
		Mattle	Bianca	Buchs	1974	-	-	-	-	-	-
		Kull	Stefan	Gams	1961	-	-	-	-	-	-
2.	4	The Schawis									
		Schawalder	Chantal	Widnau	1989	08:13.7	34:58.8	08:29.4	08:46.0	08:10.2	01:08:38.1
		Schawalder	Sven	Widnau	1992	-	-	-	-	-	-
		Schawalder	Alexander	Widnau	1962	-	-	-	-	-	-
3.	27	Follonica									
		Noack	Andrea	Wittenbach	1976	07:57.5	38:21.1	07:34.1	08:17.6	07:48.3	01:09:58.5
		Noack	Patrik	Wittenbach	1974	-	-	-	-	-	-
		Imhof	Patrick	Diepoldsau	1974	-	-	-	-	-	-
4.	25	TVöler									
		Curlenkin	Stefan	Oberhelfenschwil	1993	09:29.3	38:11.4	07:27.5	08:12.3	07:58.0	01:11:18.5
		Bürge	Devis	Oberhelfenschwil	1982	-	-	-	-	-	-

5.	14	Brändle	Peter	Mosnang	1986	-	-	-	-	-	-
		mini Farb und Diini!!!									
		Andreas	Bichsel	Landschlacht	1995	08:20.7	39:46.9	08:10.7	08:42.4	08:37.7	01:13:38.4
6.	20	Albin	Gehriger	Wilén Gottshaus	1993	-	-	-	-	-	-
		Sabrina	Ryffel	Ellighausen	1995	-	-	-	-	-	-
		Rheintal Selection									
		Bader	Daniela	Dornbirn	1991	07:12.9	46:52.8	07:06.4	07:29.0	07:15.5	01:15:56.4
7.	29	Hautle	Michael	Diepoldsau	1979	-	-	-	-	-	-
		Bader	Martin	Dornbirn	1992	-	-	-	-	-	-
		Lehrer Wyden 1									
8.	16	Crescenti	Sandro	Diepoldsau	1981	08:27.2	40:47.5	09:13.5	09:13.6	08:40.3	01:16:22.2
		Widmer	Martin	Kriessern	1971	-	-	-	-	-	-
		Scheiwiler	Peter	Heerbrugg	1959	-	-	-	-	-	-
9.	33	GND 42									
		Schlemmer	Tobias	St. Gallen	1981	10:45.8	38:32.0	08:56.3	10:01.9	09:44.9	01:18:00.8
		Wilkening	Jan	Freising	1981	-	-	-	-	-	-
10.	22	Hoffmann	Christian	St. Gallen	1979	-	-	-	-	-	-
		Laufseminar 1									
		Kellenberger	Jürg	Wolfhalden	1961	09:37.5	42:42.4	08:42.1	09:03.1	09:03.3	01:19:08.3
11.	30	Dürst	Martin	Diepoldsau	1961	-	-	-	-	-	-
		Haas	Peter	St. Margrethen	1968	-	-	-	-	-	-
		Lehrer Wyden 2									
12.	26	Dietsche	Nadine	Au SG	1980	10:36.9	40:14.7	09:38.2	09:59.2	09:25.7	01:19:54.8
		Riedener	Peter	Widnau	1953	-	-	-	-	-	-
		Lira	Pietro	Marbach	1974	-	-	-	-	-	-
13.	34	Schnecke									
		Azzarone	Santo	Widnau	1971	07:47.0	41:30.3	10:03.9	10:35.4	10:11.4	01:20:08.0
		Silipo	Bruno	Marbach	1976	-	-	-	-	-	-
14.	28	Luca	Sieber	Widnau	1996	-	-	-	-	-	-
		IKA									
		Kluser	Nadine	Hinterforst	1995	08:11.6	46:34.4	08:21.3	08:44.7	08:31.2	01:20:23.1
15.	3	Cecchinato	Seraina	Hinterforst	1995	-	-	-	-	-	-
		Eigenmann	Michelle	Kriessern	1996	-	-	-	-	-	-
		Laufseminar 2									
16.	31	Küng	Robert	Au	1969	09:47.0	39:12.1	10:11.0	10:46.3	10:37.2	01:20:33.5
		Recktenwald	Thomas	Au	1964	-	-	-	-	-	-
		Brühwiler	Ralph	St. Margrethen	1959	-	-	-	-	-	-
17.	1	VATeranen									
		Brunhart	Daniel	Schaan	1968	10:16.5	45:29.2	08:26.6	09:00.6	08:46.6	01:21:59.5
		Frickel	Andreas	Buchs	1969	-	-	-	-	-	-
18.	23	Kernbeiss	Werner	Bludenz	1962	-	-	-	-	-	-
		Fit4Fun									
		Eugster	John	Buchs	1974	10:32.6	37:37.5	11:35.0	11:57.4	11:16.8	01:22:59.3
19.	31	Boehmer	Janine	Buchs	1984	-	-	-	-	-	-
		Hirschauer	Andy	Sax	1976	-	-	-	-	-	-
		PihaMola-Girls									
20.	1	Dietsche	Daniela	Marbach	1970	10:57.8	41:33.2	10:58.6	12:04.6	11:27.3	01:27:01.5
		Müller Graf	Mia	Marbach	1955	-	-	-	-	-	-
		Oehler	Barbara	Marbach	1970	-	-	-	-	-	-
21.	1	Flurströsslar									
		Störi	Martin	Diepoldsau	1964	14:39.3	43:15.4	09:25.9	10:21.5	09:25.4	01:27:07.4
		Störi	Sandra	Diepoldsau	1965	-	-	-	-	-	-
22.	23	Tinner	Mario	Diepoldsau	1992	-	-	-	-	-	-
		Pole pole ni mwendo!									
		Maddalon	Cornelia	Zürich	1981	10:51.4	48:52.5	09:01.9	09:28.4	09:04.3	01:27:18.5
23.	23	Christen	Thomas	Rebstein	1979	-	-	-	-	-	-
		Duelli	Samuel	Übersaxen	1995	-	-	-	-	-	-

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## Stafette klein

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
1.	47	Icklämts									
		Bürki	Andrea	Berneck	1998	03:19.4	12:37.3	09:22.9	-	-	25:19.5
		Zoller	Chiara	Au	1998	-	-	-	-	-	-
		Walser	Céline	Au	1997	-	-	-	-	-	-
2.	49	Gräflibüelströssler									
		Jegle	Rhea	Rebstein	2001	03:31.9	12:33.1	09:57.1	-	-	26:02.1
		Jegle	Joel	Rebstein	2000	-	-	-	-	-	-
		Fehr	Robin	Rebstein	2002	-	-	-	-	-	-
3.	45	pAuer athletics									
		Reifler	Pascal	Au	2002	03:28.3	14:28.0	08:26.2	-	-	26:22.4
		Wick	Jano	Au	2002	-	-	-	-	-	-
		Zoller	Andrin	Au	2002	-	-	-	-	-	-
4.	48	Timon Egli									
		Egli	Timon	Steckborn	2000	04:07.5	14:14.0	08:17.7	-	-	26:39.2
		Kuebler	Levi	Homburg	2000	-	-	-	-	-	-
		Stichel	Tim	St. Gallen	2000	-	-	-	-	-	-
5.	50	Monticulus									
		Wörnhard	Jan	Montlingen	2001	03:33.5	15:25.5	08:09.9	-	-	27:08.9
		Benz	Mario	Montlingen	2002	-	-	-	-	-	-
		Keel	Cedric	Montlingen	2001	-	-	-	-	-	-
6.	46	pAuer Athletics 2									
		Zoller	Ladina	Au	2004	04:20.7	17:01.2	09:52.4	-	-	31:14.3
		Zoller	Samira	Au	2004	-	-	-	-	-	-
		Wick	Roel	Au	2004	-	-	-	-	-	-

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## Plausch

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen 1	Laufen 2	Laufen 3	Gesamtzeit
.	96	Benz	Felix	Heerbrugg	1960	05:06.7	12:38.9	07:44.2	-	-	25:29.8
.	90	Bernasconi	Paul	Walenstadt	1965	05:10.4	15:05.5	11:53.1	-	-	32:09.0
.	82	Bissegger	Olivia	Vaduz	1990	05:39.9	14:44.9	08:24.2	-	-	28:49.0
.	86	Bleiker	Martina	Lütisburg-Station	1991	04:06.2	13:44.7	09:40.6	-	-	27:31.5
.	88	Eggenberger	Theo	Buchs	1959	05:48.4	15:04.9	12:37.7	-	-	33:31.0
.	80	Eglauf	Markus	Lippoldswilen	1959	04:57.8	12:56.4	11:21.5	-	-	29:15.7
.	87	Leuzinger	Martin	Diesbach	1973	04:22.4	13:48.5	10:00.6	-	-	28:11.6
.	83	Meier	Tara	Altstätten	1995	05:40.6	14:44.5	08:23.7	-	-	28:48.8
.	81	Metzler	Rene	Heerbrugg	1959	04:41.7	12:08.7	08:33.8	-	-	25:24.2
.	92	Salamin	Benjamin	Bulle	2001	03:27.4	14:04.2	10:48.6	-	-	28:20.3
.	93	Salamin	Colin	Bulle	2003	03:49.1	13:31.7	09:16.6	-	-	26:37.4
.	94	Salamin	Pascal	Bulle	1962	05:09.6	14:52.7	12:34.2	-	-	32:36.4
.	95	Salamin	Ursula	Bulle	1966	04:54.4	15:10.8	11:51.9	-	-	31:57.1
.	85	Sonderegger	Heidi	Balgach	1965	05:14.2	15:42.2	16:16.9	-	-	37:13.3
.	89	Sonderegger	Rosmarie	Oberriet	1969	04:59.3	14:49.8	10:29.8	-	-	30:18.9
.	91	Steingruber	Romy	Walzenhausen	1994	04:42.2	13:22.1	11:49.1	-	-	29:53.4

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