

Rhyathlon 15.8.2010**AK 20-34 männlich**

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	169	Ghulam	Kalim	Heerbrugg	1985	07:01	35:11	07:28	07:45	07:12	01:04:37
2.	163	Hämmerle	Markus	Lustenau	1983	06:44	35:34	08:02	08:12	07:44	01:06:16
3.	219	Wohlwend	Patrik	Sennwald	1990	07:15	36:10	07:50	08:03	07:37	01:06:54
4.	209	Stutz	Reto	Berneck	1977	08:38	35:11	07:58	07:58	07:29	01:07:15
5.	110	Griell	Samuel	Hohenems	1985	08:05	36:46	08:10	07:50	07:22	01:08:13
6.	145	Entzian	Hans	Altstätten	1986	08:07	37:30	08:06	08:21	07:43	01:09:47
7.	140	Kopriva	Harald	Feldkirch	1981	08:16	37:36	08:15	08:11	07:35	01:09:53
8.	142	Keller	Daniel	Salez	1984	09:52	37:37	07:53	08:01	07:19	01:10:41
9.	162	Hautle	Michael	Widnau	1979	07:18	41:49	07:59	08:03	07:06	01:12:15
10.	172	Treier	Michael	Marbach	1983	10:16	39:46	07:47	07:39	07:06	01:12:35
11.	217	Hüppi	Ramon	Balgach	1984	09:21	39:28	08:12	08:28	07:33	01:13:03
12.	141	Albertin	Ismael	Marbach	1981	10:50	39:49	07:57	07:41	06:56	01:13:13
13.	108	Meli	Philipp	Siebnen	1980	09:41	36:22	09:37	09:34	08:27	01:13:41
14.	153	Suman	Björn	Bregenz	1979	09:00	39:44	08:48	08:44	07:53	01:14:09
15.	196	Oberhänsli	Fabian	Zeuzikon	1990	10:16	38:51	08:31	08:49	07:54	01:14:20
16.	199	Kuhn	Andres	Kleinandelfingen	1983	09:46	39:15	09:21	08:54	08:08	01:15:25
17.	198	Morger	Stefan	Tuggen	1980	09:58	39:01	09:24	09:06	08:30	01:15:59
18.	183	Baumann	Patrick	Buchs	1983	11:37	39:21	08:56	08:50	08:04	01:16:48
19.	103	Baumgartner	Roland	Widnau	1978	11:51	39:39	08:39	09:03	08:34	01:17:47
20.	186	Bachmann	Michael	Bütschwil	1984	12:20	40:55	08:49	08:58	08:16	01:19:18
21.	156	Rohner	Rico	Widnau	1977	11:38	41:36	08:52	08:59	08:17	01:19:22
22.	200	Kuhn	Mathias	Herblingen	1984	08:40	41:23	09:52	10:04	10:09	01:20:09
23.	204	Fust	Lukas	Flawil	1983	11:44	42:51	08:55	08:54	08:08	01:20:31
24.	171	Waser	Manolito	Oberriet	1977	13:11	40:36	09:23	09:27	08:46	01:21:23
25.	211	Kastner	Jiri	Hradec Kralove	1976	09:51	41:06	10:21	10:35	09:57	01:21:51
26.	212	Kastner	Jan	Pelhrimov	1986	10:03	42:37	10:16	10:44	09:52	01:23:33
27.	213	Jasek	Jan	Brno	1978	12:12	42:30	09:54	10:07	09:19	01:24:01
28.	188	Nüesch	Mathias	Widnau	1982	13:36	45:18	08:18	08:59	08:44	01:24:55
29.	187	Nüesch	Paul	Heerbrugg	1977	11:39	44:11	10:03	10:15	09:17	01:25:25
30.	223	Stöckli	Andre	Lenzerheide	1977	13:05	44:13	09:48	10:04	09:24	01:26:33
31.	189	Schönenberger	Jonas	Balgach	1983	11:52	42:12	11:09	11:45	10:05	01:27:03
32.	222	Bundschu	Claudia	Lenzerheide	1977	13:57	48:45	12:00	12:28	11:56	01:39:06

AK 20-34 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	221	Schoch	Barbara	Herisau	1978	09:12	42:58	10:03	10:04	09:17	01:21:35
2.	159	Zwart	Anna	Winterthur	1982	10:47	43:31	10:37	10:45	09:59	01:25:39
3.	210	Jöhri	Bianca	Widnau	1979	12:14	41:31	10:55	11:03	10:31	01:26:13
4.	157	Wartenweiler	Manuela	Wetzikon	1977	11:36	44:15	12:47	12:22	11:49	01:32:48
5.	182	Oberhofer	Petra	Buchs	1981	10:46	49:21	11:06	11:24	10:52	01:33:28
6.	214	Skalicka	Lucie	Pelhrimov	1987	12:00	47:34	11:06	11:55	11:43	01:34:18
7.	201	Meyer	Alexandra	Seuzach	1982	11:42	52:52	12:58	13:33	13:02	01:44:07

AK 35-44 männlich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	184	Cuenca	Carlos	Zürich	1972	07:50	36:34	07:44	07:32	06:53	01:06:33
2.	119	Rolfsmeyer	Jürgen	Altnau	1966	07:13	37:23	07:54	07:49	07:22	01:07:41
3.	104	Kraus	Ulrich	Engelburg	1968	06:56	36:50	08:26	08:30	08:04	01:08:45
4.	138	Beer	Martin	Schnepfau	1968	09:50	37:43	07:55	07:53	07:18	01:10:40
5.	203	Pauger	Christian	Bregenz	1972	09:45	35:05	09:07	09:03	08:33	01:11:33

6.	147	Tschofen	Rene	Lustenau	1971	08:07	36:30	09:08	09:17	08:38	01:11:41
7.	224	Heim	Samuel	Romanshorn	1973	08:46	37:59	08:39	08:41	07:50	01:11:55
8.	174	Stockmaier	Thomas	Hard	1969	08:23	40:07	08:18	08:28	08:01	01:13:17
9.	146	Reim	Stefan	St. Gallen	1970	10:11	40:48	08:36	08:44	07:56	01:16:14
10.	136	Feistenauer	Michael	Meiningen	1970	11:01	41:20	08:00	08:06	07:49	01:16:15
11.	185	Saks	Tauno	Diepoldsau	1970	09:43	39:02	09:19	09:30	08:49	01:16:23
12.	158	Kolar	Robert	Rorschacherberg	1974	12:25	39:09	08:25	08:36	07:51	01:16:26
13.	133	Jenny	Peter	Rankweil	1969	10:13	38:45	09:27	09:36	08:48	01:16:49
14.	216	Haider	Markus	Au	1973	10:02	39:31	10:09	10:13	09:43	01:19:38
15.	202	Bucher	Dominique	Neuhausen am Rheinfa.	1975	09:13	42:15	09:26	09:49	09:24	01:20:08
16.	116	Gross	Michael	Stein AR	1969	11:33	41:39	09:42	09:58	09:48	01:22:41
17.	215	Tanner	Remo	Berneck	1972	12:05	42:55	09:27	09:53	09:09	01:23:29
18.	148	Steingruber	Hugo	Walzenhausen	1966	15:19	42:05	08:55	09:05	08:26	01:23:50
19.	105	Kessler	Marcel	Lengnau	1969	12:53	43:55	10:09	10:24	10:02	01:27:23
20.	106	Walser	Mark	Montlingen	1975	12:59	45:59	10:37	10:53	10:23	01:30:53
21.	168	Scharnweber	Harry	Oberriet	1971	14:47	45:38	10:51	11:17	11:06	01:33:40
22.	207	Salazar	Roque	Herisau	1975	13:34	46:06	10:39	12:45	10:54	01:33:59

AK 35-44 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	121	Dür	Carolyn	Heerbrugg	1975	12:10	36:57	08:21	08:20	07:35	01:13:24
2.	180	Mroos	Leila	Losone	1971	09:10	39:39	08:41	09:02	08:46	01:15:18
3.	208	Bechtiger	Iris	Wald	1973	11:02	38:42	08:46	08:46	08:14	01:15:30
4.	179	Caterina	Laura	Minusio	1974	08:37	42:06	09:33	09:33	08:57	01:18:46
5.	117	Ruffiner	Rachel	Heimberg	1975	09:47	41:00	10:01	10:42	09:40	01:21:10
6.	131	Sulser	Petra	Grabs	1974	11:04	46:29	10:23	10:34	10:01	01:28:32

AK 45-54 männlich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	135	Schawalder	Alexander	Widnau	1962	07:31	34:54	08:31	08:26	07:59	01:07:21
2.	173	Kandel	Michel	Oberriet	1965	08:04	36:34	07:59	08:05	07:33	01:08:16
3.	170	Segmüller	Roland	Eichberg	1960	10:01	37:48	08:20	08:07	07:32	01:11:48
4.	197	Iseli	Manfred	Riedt	1962	10:15	38:23	08:04	08:09	07:25	01:12:16
5.	193	Tschümperlin	Reto	Au	1965	09:28	37:46	09:02	08:51	08:15	01:13:22
6.	125	Anschütz	Frank	Schaan	1964	09:24	39:05	09:03	08:56	08:43	01:15:10
7.	137	Koller	Daniel	Speicher	1962	10:50	38:38	08:52	08:50	08:25	01:15:35
8.	101	Weinhofer	Dietmar	Koblach	1965	10:28	37:59	09:42	09:15	08:19	01:15:43
9.	160	Kern	Hans	Rehetobel	1965	10:23	42:12	08:09	08:02	07:26	01:16:12
10.	129	Röthlisberger	Paul	Gossau	1964	10:10	39:08	09:11	09:19	08:59	01:16:47
11.	132	Bänziger	Peter	Rehetobel	1959	13:22	41:25	08:31	08:22	07:57	01:19:37
12.	177	Berger	Peter	Grabs	1958	09:25	41:24	10:00	09:58	09:50	01:20:37
13.	112	Müller	Dieter	Ostfildern	1964	10:42	41:37	10:02	10:33	09:59	01:22:53
14.	195	Dietsche	Ruedi	Kriessern	1963	11:58	42:11	09:38	09:55	09:13	01:22:56
15.	124	Camenisch	Thomas	St.Gallen	1961	12:21	44:24	09:32	09:41	09:18	01:25:16
16.	144	Kellenberger	Jürg	Wolfhalden	1961	15:02	44:43	09:20	09:29	09:01	01:27:34
17.	152	Litscher	Thomas	Amriswil	1964	11:57	44:28	10:28	10:55	10:28	01:28:15
18.	139	Hauser	Kurt	Zuzwil	1956	12:13	47:22	10:39	11:28	10:49	01:32:31
19.	143	Stecher	Michael	Heerbrugg	1964	13:26	49:38	11:28	11:25	11:34	01:37:31

AK 45-54 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	181	Engelhardt	Paola	Locarno	1964	09:49	39:06	09:44	10:01	09:27	01:18:07
2.	176	Engler	Irene	Balgach	1962	09:42	39:06	10:15	10:18	09:53	01:19:14
3.	100	Gründler	Jacqueline	Wittenbach	1964	10:00	44:20	10:26	10:30	09:58	01:25:14
4.	161	Kern	Jrene	Rehetobel	1963	13:13	45:16	10:12	10:13	09:40	01:28:34

AK 55++ männlich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	192	Runer	Klaus	Bozen	1955	08:32	38:04	09:36	09:54	09:42	01:15:49
2.	130	Gebert	Niklaus	Rorschach	1948	11:43	42:29	10:36	10:36	09:57	01:25:22
3.	150	Krause	Arno	Feldkirch	1955	12:43	45:04	10:10	10:34	09:41	01:28:13
4.	205	Meyer	Alex	Seuzach	1951	11:19	44:51	10:46	10:56	10:42	01:28:34
5.	128	Waser	August	Altstätten	1954	19:00	49:22	10:46	10:49	10:19	01:40:16
6.	118	Porod	Raimund	Lustenau	1939	14:02	56:17	14:36	15:09	14:30	01:54:33

Jugend 14-17 männlich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	70	Matter	Joel	Rebstein	1996	02:25	11:24	07:04	-	-	20:53
2.	73	Litscher	Alexander	Amriswil	1994	04:51	13:18	09:57	-	-	28:06

Jugend 14-17 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	72	Kaskova	Niki	Chynov	1995	02:47	12:29	08:03	-	-	23:19
2.	76	Runer	Sarah	Bozen	1996	02:42	12:39	09:48	-	-	25:10
3.	75	Engler	Katja	Balgach	1994	02:54	12:44	10:06	-	-	25:44
4.	77	Betschart	Sarina	Kriessern	1994	04:03	13:47	09:28	-	-	27:19

Junioren 18-19

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	123	Bühler	Ueli	Lutzenberg	1993	06:46	35:27	07:06	07:22	07:07	01:03:47
2.	134	Schawalder	Sven	Widnau	1992	07:35	39:13	08:10	08:40	08:16	01:11:54
3.	164	Sieber	Dario	Widnau	1994	07:26	39:14	10:05	11:11	13:01	01:20:57

Juniorinnen 18-19

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	190	Barbora	Hlavacova	Prachatice	1992	07:05	40:21	08:52	09:07	08:12	01:13:37

Schüler 10-13 männlich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	42	Schmid	Jan	Marbach	1998	02:55	12:17	05:14	-	-	20:27
2.	46	Ziegler	Michael	Balgach	1998	02:40	13:08	04:40	-	-	20:28
3.	45	Leon	Pauger	Bregenz	1998	02:26	12:49	05:26	-	-	20:41
4.	47	Rechfelden	Niklas	Bregenz	1998	02:56	13:36	06:20	-	-	22:52
5.	41	Kellenberger	Serge	Altstätten	2000	03:41	16:17	06:09	-	-	26:07

Schüler 10-13 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	40	Hefel	Catrin	Feldkirch	1997	02:50	12:46	05:20	-	-	20:56
2.	49	Busellato	Lucia	A 6890 Lustenau	1998	02:29	13:08	05:49	-	-	21:26
3.	44	Placha	Tereza	Rebstein	1999	03:12	16:56	07:11	-	-	27:20
4.	48	Kotthoff	Lea	Rebstein	1999	04:06	16:39	07:14	-	-	27:59
5.	43	Placha	Barbora	Rebstein	1999	03:39	16:07	08:28	-	-	28:15

Stafette gross

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	8	Baumgartner	Markus	Neukirch - Egnach	1968	08:03	36:35	07:17	07:35	07:03	01:06:34
	8	Gruber	Franziska	Marbach	1986	-	-	-	-	-	-
	8	Baumgartner	Daniel	Widnau	1969	-	-	-	-	-	-
2.	5	Engelhardt	Adriano	Locarno	1992	08:47	38:25	06:36	07:02	07:28	01:08:17
	5	Zarro	Sara	Verscio	1992	-	-	-	-	-	-
	5	Minini	Ivan	Verscio	1992	-	-	-	-	-	-
3.	4	Peter	Andy	Bregenz	1988	08:01	36:41	07:59	09:01	08:48	01:10:31
	4	Schneider	Günter	Lustenau	1967	-	-	-	-	-	-
	4	Kofler	Dominik	Lustenau	1986	-	-	-	-	-	-
4.	11	Jerabek	Jakub	Praha	1975	08:51	40:09	08:34	09:06	08:26	01:15:07

	11	Studený	Lukas	Praha	1976	-	-	-	-	-	-
	11	Elefant	Jan	Praha	1976	-	-	-	-	-	-
5.	1	Keller	Marcel	Diepoldsau	1972	09:37	38:12	08:58	09:32	08:57	01:15:16
	1	Good	Ralph	Oberriet	1958	-	-	-	-	-	-
	1	Marquart	Manuel	Rebstein	1982	-	-	-	-	-	-
6.	6	Hanimann	Andreas	Widnau	1957	08:50	42:53	08:57	09:22	08:51	01:18:53
	6	Tresch	Martina	Widnau	1992	-	-	-	-	-	-
	6	Hanimann	Christine	Widnau	1989	-	-	-	-	-	-
7.	10	Horcic	Edgar	Praha	1975	07:32	42:13	09:45	11:16	10:42	01:21:28
	10	Polak	Petr	Praha	1976	-	-	-	-	-	-
	10	Mikulasek	Jakub	Praha	1976	-	-	-	-	-	-
8.	2	König	Johannes	Lustenau	1982	11:03	42:36	09:19	10:06	09:41	01:22:45
	2	Hämmerle	Christoph	Lustenau	1985	-	-	-	-	-	-
	2	Porod	Christof	Lustenau	1987	-	-	-	-	-	-

Stafette klein

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	3	Steingruber	Romy	Walzenhausen	1994	04:19	13:05	08:35	-	-	25:58
	3	Mettler	Bettina	Walzenhausen	1994	-	-	-	-	-	-
	3	Steingruber	Andy	Walzenhausen	1998	-	-	-	-	-	-
2.	12	Frei	Lars	Lüchingen	1999	04:20	13:31	08:52	-	-	26:43
	12	Frei	Tina	Lüchingen	1997	-	-	-	-	-	-
	12	Brockner	Damian	Lüchingen	1999	-	-	-	-	-	-
3.	9	Maurer	Melanie	Heerbrugg	1995	03:26	14:04	11:06	-	-	28:35
	9	Kast	Alexandra	Staad	1994	-	-	-	-	-	-
	9	Schönenberger	Nadine	Marbach	1993	-	-	-	-	-	-
4.	7	Lindenmann	Anja	Diepoldsau	1996	04:44	15:59	09:14	-	-	29:57
	7	Lüchinger	Alina	Berneck	1997	-	-	-	-	-	-
	7	Bürki	Andrea	Berneck	1998	-	-	-	-	-	-

Plausch

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
.	218	Benz	Felix	Heerbrugg	1960	06:15	13:32	07:23	-	-	27:10
.	220	Bischof	Bernhard	Mosnang	1952	03:10	37:13	16:05	-	-	56:28
.	78	Eckert-Krause	Marion	Feldkirch	1960	05:25	15:33	12:24	-	-	33:22
.	74	Gregorova	Veronika	Praha	1973	05:11	15:02	09:15	-	-	29:28

Rhyathlon 15.8.2010**Haupt Damen**

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	121	Dür	Carolin	Heerbrugg	1975	12:10	36:57	08:21	08:20	07:35	01:13:24
2.	190	Barbora	Hlavacova	Prachatice	1992	07:05	40:21	08:52	09:07	08:12	01:13:37
3.	180	Mroos	Leila	Losone	1971	09:10	39:39	08:41	09:02	08:46	01:15:18
4.	208	Bechtiger	Iris	Wald	1973	11:02	38:42	08:46	08:46	08:14	01:15:30
5.	181	Engelhardt	Paola	Locarno	1964	09:49	39:06	09:44	10:01	09:27	01:18:07
6.	179	Caterina	Laura	Minusio	1974	08:37	42:06	09:33	09:33	08:57	01:18:46
7.	176	Engler	Irene	Balgach	1962	09:42	39:06	10:15	10:18	09:53	01:19:14
8.	117	Ruffiner	Rachel	Heimberg	1975	09:47	41:00	10:01	10:42	09:40	01:21:10
9.	221	Schoch	Barbara	Herisau	1978	09:12	42:58	10:03	10:04	09:17	01:21:35
10.	100	Gründler	Jacqueline	Wittenbach	1964	10:00	44:20	10:26	10:30	09:58	01:25:14
11.	159	Zwart	Anna	Winterthur	1982	10:47	43:31	10:37	10:45	09:59	01:25:39
12.	210	Jöhri	Bianca	Widnau	1979	12:14	41:31	10:55	11:03	10:31	01:26:13
13.	131	Sulser	Petra	Grabs	1974	11:04	46:29	10:23	10:34	10:01	01:28:32
14.	161	Kern	Jrene	Rehetobel	1963	13:13	45:16	10:12	10:13	09:40	01:28:34
15.	157	Wartenweiler	Manuela	Wetzikon	1977	11:36	44:15	12:47	12:22	11:49	01:32:48
16.	182	Oberhofer	Petra	Buchs	1981	10:46	49:21	11:06	11:24	10:52	01:33:28
17.	214	Skalicka	Lucie	Pelhrimov	1987	12:00	47:34	11:06	11:55	11:43	01:34:18
18.	201	Meyer	Alexandra	Seuzach	1982	11:42	52:52	12:58	13:33	13:02	01:44:07

Haupt Herren

Rang	Nr	Name	Vorname	Ort	Jg	Schwimmen	Rad	Laufen1	Laufen2	Laufen3	Gesamtzeit
1.	123	Bühler	Ueli	Lutzenberg	1993	06:46	35:27	07:06	07:22	07:07	01:03:47
2.	169	Ghulam	Kalim	Heerbrugg	1985	07:01	35:11	07:28	07:45	07:12	01:04:37
3.	163	Hämmerle	Markus	Lustenau	1983	06:44	35:34	08:02	08:12	07:44	01:06:16
4.	184	Cuenca	Carlos	Zürich	1972	07:50	36:34	07:44	07:32	06:53	01:06:33
5.	219	Wohlwend	Patrik	Sennwald	1990	07:15	36:10	07:50	08:03	07:37	01:06:54
6.	209	Stutz	Reto	Berneck	1977	08:38	35:11	07:58	07:58	07:29	01:07:15
7.	135	Schawalder	Alexander	Widnau	1962	07:31	34:54	08:31	08:26	07:59	01:07:21
8.	119	Rolfsmeyer	Jürgen	Altnau	1966	07:13	37:23	07:54	07:49	07:22	01:07:41
9.	110	Griell	Samuel	Hohenems	1985	08:05	36:46	08:10	07:50	07:22	01:08:13
10.	173	Kandel	Michel	Oberriet	1965	08:04	36:34	07:59	08:05	07:33	01:08:16
11.	104	Kraus	Ulrich	Engelburg	1968	06:56	36:50	08:26	08:30	08:04	01:08:45
12.	145	Entzian	Hans	Altstätten	1986	08:07	37:30	08:06	08:21	07:43	01:09:47
13.	140	Kopriva	Harald	Feldkirch	1981	08:16	37:36	08:15	08:11	07:35	01:09:53
14.	138	Beer	Martin	Schnepfau	1968	09:50	37:43	07:55	07:53	07:18	01:10:40
15.	142	Keller	Daniel	Salez	1984	09:52	37:37	07:53	08:01	07:19	01:10:41
16.	203	Pauger	Christian	Bregenz	1972	09:45	35:05	09:07	09:03	08:33	01:11:33
17.	147	Tschofen	Rene	Lustenau	1971	08:07	36:30	09:08	09:17	08:38	01:11:41
18.	170	Segmüller	Roland	Eichberg	1960	10:01	37:48	08:20	08:07	07:32	01:11:48
19.	134	Schawalder	Sven	Widnau	1992	07:35	39:13	08:10	08:40	08:16	01:11:54
20.	224	Heim	Samuel	Romanshorn	1973	08:46	37:59	08:39	08:41	07:50	01:11:55
21.	162	Hautle	Michael	Widnau	1979	07:18	41:49	07:59	08:03	07:06	01:12:15
22.	197	Iseli	Manfred	Riedt	1962	10:15	38:23	08:04	08:09	07:25	01:12:16
23.	172	Treier	Michael	Marbach	1983	10:16	39:46	07:47	07:39	07:06	01:12:35
24.	217	Hüppi	Ramon	Balgach	1984	09:21	39:28	08:12	08:28	07:33	01:13:03
25.	141	Albertin	Ismael	Marbach	1981	10:50	39:49	07:57	07:41	06:56	01:13:13
26.	174	Stockmaier	Thomas	Hard	1969	08:23	40:07	08:18	08:28	08:01	01:13:17
27.	193	Tschümperlin	Reto	Au	1965	09:28	37:46	09:02	08:51	08:15	01:13:22
28.	108	Meli	Philipp	Siebnen	1980	09:41	36:22	09:37	09:34	08:27	01:13:41
29.	153	Suman	Björn	Bregenz	1979	09:00	39:44	08:48	08:44	07:53	01:14:09

30.	196	Oberhänkli	Fabian	Zezikon	1990	10:16	38:51	08:31	08:49	07:54	01:14:20
31.	125	Anschütz	Frank	Schaan	1964	09:24	39:05	09:03	08:56	08:43	01:15:10
32.	199	Kuhn	Andres	Kleinandelfingen	1983	09:46	39:15	09:21	08:54	08:08	01:15:25
33.	137	Koller	Daniel	Speicher	1962	10:50	38:38	08:52	08:50	08:25	01:15:35
34.	101	Weinhofer	Dietmar	Koblach	1965	10:28	37:59	09:42	09:15	08:19	01:15:43
35.	192	Runer	Klaus	Bozen	1955	08:32	38:04	09:36	09:54	09:42	01:15:49
36.	198	Morger	Stefan	Tuggen	1980	09:58	39:01	09:24	09:06	08:30	01:15:59
37.	160	Kern	Hans	Rehetobel	1965	10:23	42:12	08:09	08:02	07:26	01:16:12
38.	146	Reim	Stefan	St. Gallen	1970	10:11	40:48	08:36	08:44	07:56	01:16:14
39.	136	Feistenauer	Michael	Meiningen	1970	11:01	41:20	08:00	08:06	07:49	01:16:15
40.	185	Saks	Tauno	Diepoldsau	1970	09:43	39:02	09:19	09:30	08:49	01:16:23
41.	158	Kolar	Robert	Rorschacherberg	1974	12:25	39:09	08:25	08:36	07:51	01:16:26
42.	129	Röthlisberger	Paul	Gossau	1964	10:10	39:08	09:11	09:19	08:59	01:16:47
43.	183	Baumann	Patrick	Buchs	1983	11:37	39:21	08:56	08:50	08:04	01:16:48
44.	133	Jenny	Peter	Rankweil	1969	10:13	38:45	09:27	09:36	08:48	01:16:49
45.	103	Baumgartner	Roland	Widnau	1978	11:51	39:39	08:39	09:03	08:34	01:17:47
46.	186	Bachmann	Michael	Bütschwil	1984	12:20	40:55	08:49	08:58	08:16	01:19:18
47.	156	Rohner	Rico	Widnau	1977	11:38	41:36	08:52	08:59	08:17	01:19:22
48.	132	Bänziger	Peter	Rehetobel	1959	13:22	41:25	08:31	08:22	07:57	01:19:37
49.	216	Haider	Markus	Au	1973	10:02	39:31	10:09	10:13	09:43	01:19:38
50.	202	Bucher	Dominique	Neuhausen am Rheinf.	1975	09:13	42:15	09:26	09:49	09:24	01:20:08
51.	200	Kuhn	Mathias	Herblingen	1984	08:40	41:23	09:52	10:04	10:09	01:20:09
52.	204	Fust	Lukas	Flawil	1983	11:44	42:51	08:55	08:54	08:08	01:20:31
53.	177	Berger	Peter	Grabs	1958	09:25	41:24	10:00	09:58	09:50	01:20:37
54.	164	Sieber	Dario	Widnau	1994	07:26	39:14	10:05	11:11	13:01	01:20:57
55.	171	Waser	Manolito	Oberriet	1977	13:11	40:36	09:23	09:27	08:46	01:21:23
56.	211	Kastner	Jiri	Hradec Kralove	1976	09:51	41:06	10:21	10:35	09:57	01:21:51
57.	116	Gross	Michael	Stein AR	1969	11:33	41:39	09:42	09:58	09:48	01:22:41
58.	112	Müller	Dieter	Ostfildern	1964	10:42	41:37	10:02	10:33	09:59	01:22:53
59.	195	Dietsche	Ruedi	Kriessern	1963	11:58	42:11	09:38	09:55	09:13	01:22:56
60.	215	Tanner	Remo	Berneck	1972	12:05	42:55	09:27	09:53	09:09	01:23:29
61.	212	Kastner	Jan	Pelhrimov	1986	10:03	42:37	10:16	10:44	09:52	01:23:33
62.	148	Steingruber	Hugo	Walzenhausen	1966	15:19	42:05	08:55	09:05	08:26	01:23:50
63.	213	Jasek	Jan	Brno	1978	12:12	42:30	09:54	10:07	09:19	01:24:01
64.	188	Nüesch	Mathias	Widnau	1982	13:36	45:18	08:18	08:59	08:44	01:24:55
65.	124	Camenisch	Thomas	St.Gallen	1961	12:21	44:24	09:32	09:41	09:18	01:25:16
66.	130	Gebert	Niklaus	Rorschach	1948	11:43	42:29	10:36	10:36	09:57	01:25:22
67.	187	Nüesch	Paul	Heerbrugg	1977	11:39	44:11	10:03	10:15	09:17	01:25:25
68.	223	Stöckli	Andre	Lenzerheide	1977	13:05	44:13	09:48	10:04	09:24	01:26:33
69.	189	Schönenberger	Jonas	Balgach	1983	11:52	42:12	11:09	11:45	10:05	01:27:03
70.	105	Kessler	Marcel	Lengnau	1969	12:53	43:55	10:09	10:24	10:02	01:27:23
71.	144	Kellenberger	Jürg	Wolfhalden	1961	15:02	44:43	09:20	09:29	09:01	01:27:34
72.	150	Krause	Arno	Feldkirch	1955	12:43	45:04	10:10	10:34	09:41	01:28:13
73.	152	Litscher	Thomas	Amriswil	1964	11:57	44:28	10:28	10:55	10:28	01:28:15
74.	205	Meyer	Alex	Seuzach	1951	11:19	44:51	10:46	10:56	10:42	01:28:34
75.	106	Walser	Mark	Montlingen	1975	12:59	45:59	10:37	10:53	10:23	01:30:53
76.	139	Hauser	Kurt	Zuzwil	1956	12:13	47:22	10:39	11:28	10:49	01:32:31
77.	168	Scharnweber	Harry	Oberriet	1971	14:47	45:38	10:51	11:17	11:06	01:33:40
78.	207	Salazar	Roque	Herisau	1975	13:34	46:06	10:39	12:45	10:54	01:33:59
79.	143	Stecher	Michael	Heerbrugg	1964	13:26	49:38	11:28	11:25	11:34	01:37:31
80.	222	Bundschu	Claudia	Lenzerheide	1977	13:57	48:45	12:00	12:28	11:56	01:39:06
81.	128	Waser	August	Altstätten	1954	19:00	49:22	10:46	10:49	10:19	01:40:16
82.	118	Porod	Raimund	Lustenau	1939	14:02	56:17	14:36	15:09	14:30	01:54:33
