

Rangliste

Alpha RHEINTAL Bank

RADSPORT
FREI

BALGACH

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Buchs Widnau Wildhaus
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SCOTT

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RHYATHLON

Der Rheintaler Triathlon



Sportanlage Riet Balgach
Baggersee Kriessern

20.8.2023

Einzelstart · Stafette · Plausch
verschiedene Distanzen

**Gratisstarts
für Kids &
Schüler**



#rhyathlon

KATEGORIE-SPONSOREN

Kids



Firmenstaffette



Schüler



AK 20-34 Damen



Jugend



AK 20-34 Herren



Junioren



AK 35-44 Damen



Plausch



AK 35-44 Herren



Plauschstaffette

MIGROS

AK 45-54 Damen



Staffette klein

**SCHLOSS
GARAGE BÜCHEL**

AK 45-54 Herren



Staffette gross

**WÜST
METALLBAU**

AK 55++



HERZLICHEN DANK

an unsere Sponsoren, Gönner & Chrapffis,

denn ohne dieses Engagement wäre ein Event wie der

Rhyathlon nicht möglich.

Rhyathlon 20.08.2023

| Schüler 10-13 weiblich | | Schwim | Rad | Lauf | |
|-------------------------------|---|---------------|------------|-------------|----------------|
| 1 | 57 Hofmann Riccarda (2010, Bülach) | 01:53,6 | 12:11,7 | 05:03,0 | 19:08,2 |
| 2 | 58 Bischofberger Aline (2010, Jenins) | 02:15,1 | 12:50,8 | 05:21,5 | 20:27,4 |
| 3 | 60 Marxgut Luisa Katharina (2012, Hittisau) | 02:25,5 | 13:19,4 | 05:27,4 | 21:12,3 |
| 4 | 40 Hautle Elina (2011, Diepoldsau) | 02:19,8 | 12:52,3 | 06:00,3 | 21:12,4 |
| 5 | 43 Sutter Renia (2013, Chur) | 02:24,7 | 14:09,7 | 05:55,4 | 22:29,8 |
| 6 | 39 Keucher Anni (2010, Herisau) | 02:34,2 | 14:34,5 | 05:28,2 | 22:36,8 |
| 7 | 61 Tessadri Linda (2011, Wolfurt) | 03:00,0 | 13:36,8 | 06:04,0 | 22:40,8 |
| 8 | 44 Albert Michelle (2010, Berneck) | 03:16,8 | 13:18,1 | 06:07,1 | 22:41,9 |
| 9 | 48 Wohlgensinger Florina (2010, Berneck) | 02:44,1 | 13:54,1 | 06:49,7 | 23:27,9 |
| 10 | 56 Di Gennaro Lola (2012, Heerbrugg) | 03:54,3 | 14:18,5 | 05:17,7 | 23:30,5 |
| 11 | 47 Berger Dana (2010, Kirchberg SG) | 02:17,3 | 15:29,3 | 05:47,7 | 23:34,3 |
| 12 | 46 Schenker Jael (2013, Kirchberg) | 02:46,2 | 15:19,5 | 07:02,5 | 25:08,2 |
| 13 | 55 Lehner Veronika (2013, Amstetten) | 03:01,9 | 15:46,3 | 06:23,9 | 25:12,1 |
| 14 | 49 Jehle Luisa (2013, Au) | 03:37,8 | 16:39,4 | 07:18,7 | 27:35,8 |

| Schüler 10-13 männlich | | Schwim | Rad | Lauf | |
|-------------------------------|--|---------------|------------|-------------|----------------|
| 1 | 52 Sauter Noa (2010, Gais) | 01:46,7 | 12:16,6 | 04:41,9 | 18:45,1 |
| 2 | 50 Auer Tobias (2011, Bregenz) | 01:59,5 | 12:08,6 | 04:37,7 | 18:45,8 |
| 3 | 63 Voyer Emil (2011, Dornbirn) | 02:06,9 | 11:55,4 | 05:56,0 | 19:58,3 |
| 4 | 37 Franc Andrej (2011, Schwarzach) | 02:28,3 | 12:43,8 | 05:42,5 | 20:54,6 |
| 5 | 64 Martinek-Ayhan Malik (2013, Hohenems) | 02:56,1 | 13:09,0 | 05:13,9 | 21:19,0 |
| 6 | 54 Lehner Philip (2012, Amstetten) | 02:26,9 | 13:17,4 | 05:42,3 | 21:26,6 |
| 7 | 53 Waldvogel Nino (2012, Berg Sg) | 02:41,0 | 14:09,9 | 06:36,9 | 23:27,8 |
| 8 | 62 Münsch Keanu (2012, Nenzing) | 03:00,8 | 14:15,0 | 06:14,4 | 23:30,2 |
| 9 | 45 Ballesteros Fernandez Aritz (2012, St Gallen) | 03:18,2 | 14:46,6 | 06:05,9 | 24:10,7 |
| 10 | 41 Hautle Dario (2013, Diepoldsau) | 02:36,5 | 15:11,0 | 06:28,8 | 24:16,3 |
| 11 | 59 Keucher Ruben (2013, Herisau) | 02:58,0 | 15:49,3 | 06:47,5 | 25:34,7 |
| 12 | 65 Fischli Jeremia (2013, Balgach) | 04:22,3 | 15:54,6 | 08:11,5 | 28:28,5 |
| 13 | 38 Franc Oliver (2013, Schwarzach) | 03:34,0 | 16:39,5 | 08:15,2 | 28:28,7 |
| 14 | 42 Baumgartner Leandro (2011, Au) | 04:20,5 | 15:55,2 | 09:00,4 | 29:16,2 |

| Jugend 14-17 weiblich | | Schwim | Rad | Lauf | |
|------------------------------|---|---------------|------------|-------------|----------------|
| 1 | 7 Holzinger Svenja (2006, Appenzell) | 03:56,3 | 11:53,9 | 09:04,3 | 24:54,5 |
| 2 | 13 Ganahl Luisa (2008, St, Gerold) | 04:09,8 | 12:38,8 | 08:34,5 | 25:23,1 |
| 3 | 4 Schwerzmann Annik (2007, Balgach) | 05:07,0 | 13:00,0 | 08:12,4 | 26:19,3 |
| 4 | 11 Kleindienst Paula (2008, Lindenberg I, Allgäu) | 04:46,8 | 13:13,3 | 09:46,6 | 27:46,7 |
| 5 | 18 Kostelac Rosa (2009, Dornbirn) | 04:33,2 | 13:23,3 | 11:22,6 | 29:19,2 |
| 6 | 3 Wohlgensinger Ladina (2008, Berneck) | 03:57,3 | 12:38,8 | 13:45,1 | 30:21,2 |
| 7 | 16 Hämmerle Mila (2009, Schwarzach) | 05:26,2 | 14:33,6 | 12:07,0 | 32:06,8 |

| Jugend 14-17 männlich | | Schwim | Rad | Lauf | |
|------------------------------|-------------------------------------|---------------|------------|-------------|----------------|
| 1 | 1 Kalberer Nico (2007, Gais) | 03:03,1 | 10:28,8 | 07:05,5 | 20:37,4 |
| 2 | 5 Bernhard Julian (2008, Dornbirn) | 03:10,1 | 11:36,8 | 08:06,7 | 22:53,5 |
| 3 | 6 Hüsgen Jakob (2009, Dornbirn) | 03:39,4 | 12:16,9 | 08:16,7 | 24:13,0 |
| 4 | 8 Holzinger Janis (2008, Appenzell) | 04:16,5 | 12:10,1 | 08:01,4 | 24:28,0 |
| 5 | 2 Berger Noah (2008, Kirchberg SG) | 03:34,8 | 13:16,0 | 09:16,2 | 26:07,0 |
| 6 | 15 Voyer Arno (2009, Dornbirn) | 04:11,2 | 12:35,8 | 10:01,2 | 26:48,3 |

| Plausch | | Schwim | Rad | Lauf | |
|----------------|--|---------------|------------|-------------|----------------|
| | 17 Kleindienst Lara (2004, Lindenberg) | 05:44,5 | 14:06,5 | 12:18,7 | 32:09,7 |
| | 12 Offner Marie-Helene (1995, Buchs) | 05:13,3 | 15:21,6 | 12:01,7 | 32:36,6 |
| | 10 Tanner Rouven (2003, Appenzell) | 05:41,8 | 14:07,3 | 08:00,9 | 27:49,9 |

| Juniorinnen 18-19 | | Schwim | Rad | Lauf1 | Lauf2 | Lauf3 | LaufGesamt | |
|--------------------------|--|---------------|------------|--------------|--------------|--------------|-------------------|-------------------|
| 1 | 159 Rechsteiner Leann (2005, Wittenbach) | 08:54,6 | 42:45,2 | 10:27,9 | 10:46,5 | 09:53,8 | 31:08,2 | 01:22:48,0 |
| 2 | 126 Azzarone Adriana (2004, Widnau) | 08:11,9 | 40:44,8 | 11:57,1 | 11:27,2 | 11:46,6 | 35:10,9 | 01:24:08,0 |
| 3 | 190 Menghini Alessandra Giulia (2005, Domat-Ems) | 09:15,4 | 44:27,0 | 11:03,8 | 12:06,9 | 13:29,4 | 36:40,1 | 01:30:22,5 |
| 4 | 188 Schmid Ada Francesca (2005, Ilanz) | 10:02,9 | 43:39,8 | 12:02,6 | 12:36,9 | 12:07,1 | 36:46,6 | 01:30:29,4 |

| Junioren 18-19 | | Schwim | Rad | Lauf1 | Lauf2 | Lauf3 | LaufGesamt | |
|-----------------------|-------------------------------------|---------------|------------|--------------|--------------|--------------|-------------------|-------------------|
| 1 | 181 Koller Fabio (2004, Appenzell) | 08:46,5 | 36:12,4 | 07:36,6 | 07:44,3 | 07:18,2 | 22:39,1 | 01:07:38,0 |
| 2 | 148 Azzarone Aurelio (2005, Widnau) | 07:18,3 | 36:27,5 | 08:41,4 | 08:50,1 | 08:28,7 | 26:00,2 | 01:09:45,9 |

| | | | | | | | | | |
|--------------------------|-----|---|---------------|------------|--------------|--------------|--------------|-------------------|------------|
| 3 | 214 | Götz Jonathan (2004, Lüchingen) | 12:08,9 | 39:12,5 | 10:35,6 | 11:30,5 | 10:48,2 | 32:54,3 | 01:24:15,7 |
| AK 20-34 weiblich | | | Schwim | Rad | Lauf1 | Lauf2 | Lauf3 | LaufGesamt | |
| 1 | 229 | Burtscher Larissa (2003, Nüziders) | 07:44,2 | 35:45,5 | 09:21,8 | 09:45,9 | 09:21,6 | 28:29,3 | 01:11:58,9 |
| 2 | 122 | Grob Daria (1993, Lüchingen) | 09:35,5 | 36:57,5 | 09:27,9 | 09:44,2 | 09:00,5 | 28:12,6 | 01:14:45,6 |
| 3 | 183 | Schmidt Lea (1999, Appenzell) | 08:02,8 | 36:54,5 | 10:09,6 | 10:38,9 | 10:18,0 | 31:06,5 | 01:16:03,8 |
| 4 | 112 | Theobald Sophie (1995, Rheinfelden) | 09:01,7 | 39:45,1 | 09:39,1 | 10:03,0 | 09:32,3 | 29:14,4 | 01:18:01,1 |
| 5 | 110 | Baumgartner Lorena (1993, Zürich) | 11:13,8 | 36:31,2 | 10:29,9 | 10:47,5 | 10:25,0 | 31:42,4 | 01:19:27,4 |
| 6 | 192 | Augsburger Andrea (1994, Buchs SG) | 09:54,0 | 41:44,1 | 09:29,4 | 09:49,3 | 09:02,4 | 28:21,1 | 01:19:59,0 |
| 7 | 123 | Gnehm Lea (2002, Burgdorf) | 08:55,8 | 39:41,3 | 10:34,8 | 10:56,6 | 10:21,1 | 31:52,5 | 01:20:29,5 |
| 8 | 146 | Engler Katja (1994, Heerbrugg) | 09:34,6 | 40:05,2 | 10:55,9 | 10:59,8 | 10:05,9 | 32:01,6 | 01:21:41,4 |
| 9 | 120 | Di Bartolomeo Marika (2002, Heerbrugg) | 09:04,6 | 39:25,2 | 10:48,7 | 11:37,5 | 10:47,6 | 33:13,8 | 01:21:43,6 |
| 10 | 157 | Eggenberger Flurina (1998, Altstätten) | 12:00,0 | 42:04,7 | 09:18,4 | 09:34,9 | 08:56,0 | 27:49,3 | 01:21:54,0 |
| 11 | 111 | Kobler Vera (1992, Zürich) | 11:09,2 | 40:38,6 | 10:26,3 | 11:00,0 | 10:02,2 | 31:28,5 | 01:23:16,2 |
| 12 | 215 | Wahrenberger Susanne (1990, Bronschhofen) | 11:31,6 | 43:02,8 | 10:15,1 | 10:48,1 | 10:55,7 | 31:58,9 | 01:26:33,3 |
| 13 | 143 | Jones Jessica (1994, Winterthur) | 11:40,4 | 47:47,1 | 10:43,7 | 11:01,9 | 10:46,1 | 32:31,7 | 01:31:59,2 |
| 14 | 193 | Gächter Lotte (2002, Innsbruck) | 10:04,5 | 43:25,3 | 12:14,1 | 13:42,9 | 14:35,3 | 40:32,3 | 01:34:02,1 |
| 15 | 196 | Gehrig Eliane (1993, Wil) | 12:45,5 | 46:43,4 | 11:29,0 | 11:54,9 | 11:20,7 | 34:44,6 | 01:34:13,5 |
| 16 | 199 | Gehrig Melanie (1992, Wald) | 12:37,0 | 46:46,4 | 11:22,2 | 12:06,7 | 11:21,2 | 34:50,1 | 01:34:13,5 |
| 17 | 207 | Schawalder Lara (1995, Herisau) | 10:44,3 | 53:28,5 | 10:18,8 | 10:29,3 | 10:02,3 | 30:50,4 | 01:35:03,3 |
| 18 | 147 | Behrens Natalia (1998, Heerbrugg) | 12:21,0 | 46:53,0 | 11:30,0 | 12:39,0 | 12:14,6 | 36:23,6 | 01:35:37,5 |
| 19 | 140 | Placha Tereza (1999, Berneck) | 09:21,7 | 45:09,7 | 13:44,1 | 14:52,7 | 14:36,5 | 43:13,3 | 01:37:44,6 |
| 20 | 129 | Wuersch Sabrina (1996, St Gallen) | 13:41,6 | 52:38,3 | 14:41,7 | 16:36,8 | 15:40,8 | 46:59,3 | 01:53:19,3 |
| AK 20-34 männlich | | | Schwim | Rad | Lauf1 | Lauf2 | Lauf3 | LaufGesamt | |
| 1 | 219 | Ziegler Michael (1998, Balgach) | 06:30,6 | 33:52,7 | 07:09,1 | 07:17,6 | 06:50,9 | 21:17,6 | 01:01:40,9 |
| 2 | 213 | Pölgutter Christoph (2000, Waidhofen) | 06:56,5 | 34:55,8 | 07:13,3 | 07:34,3 | 07:22,9 | 22:10,5 | 01:04:02,8 |
| 3 | 189 | Braun Maximilian (1992, Au SG) | 07:43,3 | 34:14,8 | 07:23,1 | 07:44,7 | 07:21,0 | 22:28,8 | 01:04:26,9 |
| 4 | 85 | Pedrelli Luca (1990, Landquart) | 08:36,2 | 33:38,4 | 07:26,8 | 07:37,5 | 07:14,3 | 22:18,6 | 01:04:33,1 |
| 5 | 234 | Inauen Lorenz (1989, Appenzell Steinegg) | 08:57,1 | 33:18,4 | 08:33,6 | 08:06,7 | 07:48,3 | 24:28,6 | 01:06:44,0 |
| 6 | 221 | Reisch Sebastian (1994, Frastanz) | 07:20,0 | 35:42,4 | 10:47,2 | 10:21,2 | 08:01,2 | 29:09,6 | 01:12:12,0 |
| 7 | 113 | Beemsterboer Dennis (1995, Rheinfelden) | 11:36,8 | 36:55,2 | 08:55,1 | 09:04,9 | 08:26,7 | 26:26,7 | 01:14:58,6 |
| 8 | 86 | Eggenberger Chris (2000, Diepoldsau) | 11:17,4 | 38:57,6 | 10:09,2 | 11:12,9 | 10:20,0 | 31:42,1 | 01:21:57,1 |
| 9 | 155 | Schneider Axel (1993, Werdenberg) | 10:22,3 | 40:21,2 | 11:14,0 | 11:38,2 | 11:05,1 | 33:57,3 | 01:24:40,8 |
| 10 | 200 | Gähwiler Saimen (1990, Wald) | 12:01,0 | 39:53,0 | 10:43,7 | 11:23,7 | 10:52,3 | 32:59,7 | 01:24:53,7 |
| 11 | 206 | Künzler Jeremy (1996, Thal) | 11:53,4 | 36:54,6 | 11:24,4 | 12:30,3 | 12:35,8 | 36:30,5 | 01:25:18,5 |
| 12 | 182 | Metzler Dominik (2003, Berneck) | 12:04,1 | 40:42,4 | 11:04,5 | 11:34,7 | 11:49,7 | 34:28,9 | 01:27:15,5 |
| 13 | 216 | Pezzoni Elia (2001, Altstätten) | 14:36,8 | 40:15,9 | 10:55,7 | 11:11,2 | 10:16,3 | 32:23,2 | 01:27:15,9 |
| 14 | 220 | Kristijan Stanic (1992, Altstätten) | 11:06,0 | 43:25,8 | 10:35,2 | 12:01,5 | 11:03,6 | 33:40,3 | 01:28:12,2 |
| 15 | 232 | Schoch Niklaus (1995, Arbon) | 11:27,2 | 36:54,8 | 14:03,9 | 14:42,1 | 12:06,8 | 40:52,8 | 01:29:14,8 |
| 16 | 198 | Sieber Dario (1994, Root) | 08:01,4 | 40:27,6 | 13:50,3 | 14:12,9 | 14:16,8 | 42:20,0 | 01:30:48,9 |
| 17 | 191 | Casals Benjamin (1993, Buchs SG) | 12:53,3 | 46:00,6 | 11:52,8 | 12:45,8 | 11:50,6 | 36:29,2 | 01:35:23,0 |
| AK 35-44 weiblich | | | Schwim | Rad | Lauf1 | Lauf2 | Lauf3 | LaufGesamt | |
| 1 | 163 | Fabienne Bichsel (1980, Berneck) | 11:10,0 | 36:21,1 | 09:08,2 | 09:18,2 | 08:39,5 | 27:05,9 | 01:14:36,9 |
| 2 | 172 | Schneider Lilli (1981, Dornbirn) | 09:17,0 | 37:31,0 | 09:40,7 | 09:54,2 | 09:25,3 | 29:00,2 | 01:15:48,2 |
| DISQ | 144 | Haller Astrid (1980, Vaduz) | 12:52,0 | 34:48,0 | 11:40,1 | 11:58,3 | 10:44,5 | 34:22,9 | 01:22:02,9 |
| AK 35-44 männlich | | | Schwim | Rad | Lauf1 | Lauf2 | Lauf3 | LaufGesamt | |
| 1 | 162 | Nüesch Mathias (1982, Widnau) | 08:58,9 | 33:33,1 | 06:52,3 | 06:57,1 | 06:39,2 | 20:28,6 | 01:03:00,6 |
| 2 | 154 | Frank Matthias (1983, Balgach) | 08:40,5 | 34:00,8 | 07:36,8 | 07:36,2 | 07:24,2 | 22:37,2 | 01:05:18,4 |
| 3 | 209 | Blum Daniel (1983, Lauterach) | 07:05,4 | 34:50,1 | 07:57,5 | 08:09,4 | 07:42,2 | 23:49,1 | 01:05:44,7 |
| 4 | 223 | Hautle Michael (1979, Diepoldsau) | 07:59,5 | 33:59,2 | 08:05,6 | 08:04,0 | 07:44,7 | 23:54,3 | 01:05:53,1 |
| 5 | 118 | Kobelt Rolf (1986, Abtwil) | 09:32,0 | 33:05,6 | 08:14,7 | 08:21,1 | 07:53,8 | 24:29,6 | 01:07:07,2 |
| 6 | 109 | Marugg Christian (1980, Rothenbrunnen) | 09:11,4 | 33:05,8 | 08:36,6 | 08:42,0 | 08:00,6 | 25:19,2 | 01:07:36,3 |
| 7 | 130 | Steiner Daniel (1987, Lüchingen) | 09:23,0 | 32:50,5 | 08:39,5 | 08:55,2 | 08:25,6 | 26:00,3 | 01:08:13,7 |
| 8 | 100 | Arndt Fedor (1987, Marbach) | 08:06,0 | 35:49,5 | 08:52,9 | 08:49,6 | 08:17,1 | 25:59,6 | 01:09:55,1 |
| 9 | 187 | Albertin Ismael (1981, St, Gallen) | 10:47,5 | 35:54,1 | 07:58,8 | 07:58,9 | 07:28,8 | 23:26,5 | 01:10:08,0 |
| 10 | 218 | Dütschler Mario (1983, Salez) | 10:51,6 | 35:33,6 | 08:00,0 | 08:11,3 | 07:44,6 | 23:55,9 | 01:10:21,0 |
| 11 | 119 | Denier Claude (1986, Rottenschwil) | 09:07,6 | 35:48,0 | 09:06,8 | 08:40,8 | 08:33,9 | 26:21,5 | 01:11:17,1 |
| 12 | 217 | Reumer Dominic (1987, Mels) | 10:30,7 | 35:57,3 | 08:20,8 | 08:30,2 | 08:11,6 | 25:02,6 | 01:11:30,6 |
| 13 | 151 | Hermann Andreas (1983, Jona) | 10:45,5 | 36:09,6 | 08:25,9 | 08:38,4 | 08:04,1 | 25:08,4 | 01:12:03,5 |
| 14 | 133 | Melsa Martin (1988, Buchs) | 09:39,0 | 35:28,3 | 09:11,1 | 09:17,0 | 08:39,2 | 27:07,3 | 01:12:14,6 |
| 15 | 131 | Schär Jerome (1988, Berg SG) | 09:50,5 | 36:43,5 | 08:34,9 | 08:40,3 | 08:29,0 | 25:44,2 | 01:12:18,2 |
| 16 | 141 | Lamprecht Björn (1979, Bregenz) | 09:13,1 | 35:46,9 | 09:38,6 | 09:33,9 | 09:07,7 | 28:20,2 | 01:13:20,3 |

| | | | | | | | | |
|----|---|---------|---------|---------|---------|---------|---------|------------|
| 17 | 202 Walt Markus (1980, Oberriet) | 11:41,9 | 35:53,9 | 08:57,2 | 09:04,4 | 08:44,5 | 26:46,1 | 01:14:22,0 |
| 18 | 107 Köppel Benno (1986, Altstätten) | 08:52,7 | 35:11,6 | 10:45,2 | 10:19,0 | 09:16,6 | 30:20,8 | 01:14:25,1 |
| 19 | 164 Hüppi Ramon (1984, Marbach SG) | 10:16,7 | 36:34,1 | 10:24,7 | 10:35,1 | 09:57,1 | 30:56,9 | 01:17:47,6 |
| 20 | 153 Laaguel Aliy (1988, Buchs SG) | 12:21,8 | 37:39,2 | 09:30,6 | 09:41,8 | 09:02,2 | 28:14,6 | 01:18:15,5 |
| 21 | 212 Schwinger Philipp (1985, Widnau) | 11:18,2 | 36:20,1 | 10:48,7 | 10:42,6 | 09:34,0 | 31:05,3 | 01:18:43,6 |
| 22 | 174 Knöpfel Michael (1981, Grüşch) | 11:41,2 | 39:17,8 | 09:04,7 | 09:33,5 | 09:12,4 | 27:50,6 | 01:18:49,6 |
| 23 | 231 Rebsamen Ruedi (1985, Thal) | 12:18,3 | 38:23,3 | 10:14,4 | 10:48,6 | 09:17,1 | 30:20,1 | 01:21:01,6 |
| 24 | 185 Franc Igor (1983, Schwarzach) | 10:02,0 | 39:08,8 | 11:09,1 | 10:46,2 | 10:08,9 | 32:04,2 | 01:21:15,0 |
| 25 | 204 Steinmann Thomas (1986, Altenrhein) | 12:14,7 | 36:52,3 | 11:17,8 | 11:20,2 | 10:00,1 | 32:38,1 | 01:21:45,2 |
| 26 | 117 Jäger Tim Richard (1988, Balgach) | 12:35,2 | 41:18,5 | 10:15,4 | 10:39,3 | 10:12,5 | 31:07,2 | 01:25:00,9 |
| 27 | 170 Vaccaro Mario (1982, Rorschach) | 12:13,7 | 44:06,4 | 09:35,1 | 10:28,2 | 09:30,1 | 29:33,4 | 01:25:53,5 |
| 28 | 88 Hermann Michael (1981, Goldach) | 11:29,0 | 42:27,6 | 11:26,0 | 12:31,3 | 11:29,1 | 35:26,4 | 01:29:23,0 |
| 29 | 145 Promok Daniel (1986, Au) | 14:41,2 | 44:03,1 | 10:30,4 | 11:08,1 | 10:36,8 | 32:15,3 | 01:30:59,4 |
| 30 | 186 Zajac Martin (1984, Heerbrugg) | 12:02,9 | 44:32,6 | 12:43,4 | 13:17,7 | 12:46,9 | 38:48,0 | 01:35:23,5 |
| 31 | 233 Spillmann Luca (1987, Abtwil) | 12:10,0 | 44:40,0 | 16:10,0 | 13:47,4 | 12:13,2 | 42:10,6 | 01:39:00,5 |
| 32 | 152 Fischli Daniel (1980, Balgach) | 11:03,3 | | | | | | |

AK 45-54 weiblich

| | | Schwim | Rad | Lauf1 | Lauf2 | Lauf3 | LaufGesamt | |
|---|--|---------|---------|---------|---------|---------|------------|------------|
| 1 | 210 Patt Sandra (1971, Hirzel) | 09:20,6 | 37:41,5 | 08:18,3 | 08:38,6 | 08:08,3 | 25:05,2 | 01:12:07,3 |
| 2 | 160 Rechsteiner Ramona (1976, Wittenbach) | 10:17,9 | 38:35,4 | 10:13,9 | 10:23,9 | 09:32,5 | 30:10,3 | 01:19:03,6 |
| 3 | 156 Zellweger Susanne (1974, Benken) | 13:34,6 | 36:23,7 | 11:28,3 | 11:35,2 | 10:13,9 | 33:17,4 | 01:23:15,7 |
| 4 | 201 Kleindienst Kathrin (1977, Lindenberg) | 11:15,9 | 43:06,7 | 11:35,7 | 12:14,8 | 11:12,7 | 35:03,2 | 01:29:25,8 |
| 5 | 97 Martella Carmen (1970, Aegerten) | 13:18,5 | 51:18,1 | 15:36,1 | 16:48,5 | 15:36,0 | 48:00,6 | 01:52:37,3 |

AK 45-54 männlich

| | | Schwim | Rad | Lauf1 | Lauf2 | Lauf3 | LaufGesamt | |
|----|---|---------|---------|---------|---------|---------|------------|------------|
| 1 | 158 Rechsteiner Dominik (1971, Wittenbach) | 07:26,4 | 34:43,0 | 07:36,2 | 07:56,5 | 07:27,9 | 23:00,6 | 01:05:09,9 |
| 2 | 161 Kolar Robert (1974, Rorschacherberg) | 10:05,4 | 33:20,5 | 08:23,2 | 08:29,7 | 08:03,7 | 24:56,6 | 01:08:22,5 |
| 3 | 166 Vuketic Robert (1973, Baar) | 09:04,0 | 33:40,0 | 09:06,3 | 09:05,2 | 08:34,3 | 26:45,8 | 01:09:29,8 |
| 4 | 89 Meister Stephan (1975, Bad Ragaz) | 09:06,7 | 37:52,3 | 08:38,4 | 08:54,4 | 08:29,8 | 26:02,6 | 01:13:01,5 |
| 5 | 138 Holzinger Martin (1971, Appenzell) | 10:21,5 | 36:50,4 | 09:28,8 | 09:57,5 | 09:39,7 | 29:06,0 | 01:16:17,9 |
| 6 | 226 Nüesch Paul (1977, Heerbrugg) | 11:34,2 | 37:52,7 | 09:55,5 | 10:05,0 | 09:38,5 | 29:39,0 | 01:19:05,9 |
| 7 | 95 Graf Thomas (1977, Grub AR) | 11:30,0 | 35:55,7 | 10:20,9 | 10:52,6 | 10:44,4 | 31:57,9 | 01:19:23,6 |
| 8 | 139 Harm Marc (1971, Mauren) | 10:32,5 | 40:13,0 | 10:04,8 | 10:32,2 | 09:50,0 | 30:27,0 | 01:21:12,5 |
| 9 | 194 Saks Tauno (1970, Diepoldsau) | 10:38,6 | 38:05,7 | 10:41,9 | 11:15,1 | 10:51,9 | 32:48,9 | 01:21:33,2 |
| 10 | 83 Baumgartner Roland (1977, Au) | 13:13,4 | 37:05,6 | 10:10,2 | 10:37,7 | 10:32,5 | 31:20,4 | 01:21:39,3 |
| 11 | 132 Fässler Lukas (1973, Rebstein) | 11:35,8 | 37:46,1 | 10:45,5 | 11:04,5 | 10:40,3 | 32:30,3 | 01:21:52,2 |
| 12 | 115 Ballesteros Carrasco Miguel (1977, St Gallen) | 10:36,8 | 38:33,0 | 11:07,5 | 11:37,5 | 10:39,9 | 33:24,9 | 01:22:34,7 |
| 13 | 177 Lutz Gebhard (1969, Schlins) | 10:55,9 | 39:01,1 | 10:38,9 | 11:42,3 | 10:52,3 | 33:13,5 | 01:23:10,5 |
| 14 | 99 Walser Mark (1975, Montlingen) | 12:06,1 | 38:05,5 | 11:20,7 | 11:35,6 | 10:51,7 | 33:48,0 | 01:23:59,6 |
| 15 | 137 Jehle Roland (1974, Au) | 10:46,5 | 38:45,1 | 11:09,7 | 11:56,5 | 11:41,7 | 34:47,9 | 01:24:19,5 |
| 16 | 93 Altmann David (1973, Heerbrugg) | 12:04,9 | 38:47,2 | 10:36,9 | 11:43,8 | 11:18,8 | 33:39,5 | 01:24:31,6 |
| 17 | 125 Bregnard Cedric (1978, Widnau) | 11:13,0 | 37:54,3 | 11:35,8 | 12:08,5 | 11:59,2 | 35:43,5 | 01:24:50,8 |
| 18 | 208 Gehrig Robert (1975, Kirchberg) | 12:38,7 | 39:07,8 | 11:24,0 | 12:02,2 | 11:29,1 | 34:55,3 | 01:26:41,8 |
| 19 | 105 Lutzenberger Thomas (1977, Rebstein) | 13:57,1 | 42:58,1 | 10:59,4 | 11:23,6 | 10:41,2 | 33:04,2 | 01:29:59,5 |
| 20 | 80 Zogg Yves (1977, Widnau) | 10:48,4 | 47:14,7 | 11:23,8 | 12:21,8 | 12:10,0 | 35:55,6 | 01:33:58,6 |
| 21 | 150 Behrens Daniel (1974, Heerbrugg) | 12:50,3 | 46:22,9 | 11:25,4 | 12:39,8 | 12:19,4 | 36:24,6 | 01:35:37,8 |
| 22 | 211 Schmalz Marcel (1975, Speicher) | 12:48,8 | 45:13,4 | 12:32,0 | 13:29,4 | 12:34,5 | 38:35,9 | 01:36:38,0 |
| 23 | 98 Maeder Berhard (1971, Laupen) | 18:01,4 | 45:02,1 | 11:34,5 | 12:33,8 | 12:38,7 | 36:47,0 | 01:39:50,5 |
| 24 | 92 Egli Jakob (1976, Heerbrugg) | 12:33,2 | 48:03,4 | 16:26,0 | 16:49,7 | 15:45,1 | 49:00,8 | 01:49:37,5 |
| 25 | 178 Piacentini Marco (1977, Chur) | 13:30,2 | 10:17,6 | 12:59,8 | 14:42,5 | 14:43,0 | 42:25,3 | 02:06:13,0 |

AK 55p weiblich

| | | Schwim | Rad | Lauf1 | Lauf2 | Lauf3 | LaufGesamt | |
|---|--------------------------------------|---------|---------|---------|---------|---------|------------|------------|
| 1 | 195 Vincenz Anita (1965, Werdenberg) | 09:24,3 | 37:27,2 | 09:33,3 | 10:05,1 | 09:56,8 | 29:35,2 | 01:16:26,7 |
| 2 | 175 Engler Irene (1962, Balgach) | 10:49,9 | 39:47,7 | 11:18,5 | 11:53,4 | 11:17,8 | 34:29,7 | 01:25:07,3 |
| 3 | 227 Meier-Grau Ursi (1967, Uzwil) | 11:24,8 | 43:07,1 | 12:07,1 | 13:43,9 | 13:19,6 | 39:10,6 | 01:33:42,6 |

AK 55p männlich

| | | Schwim | Rad | Lauf1 | Lauf2 | Lauf3 | LaufGesamt | |
|---|--------------------------------------|---------|---------|---------|---------|---------|------------|------------|
| 1 | 165 Caprez Alfi (1956, Bubikon) | 09:10,5 | 35:48,5 | 09:17,9 | 09:28,2 | 08:57,6 | 27:43,7 | 01:12:42,6 |
| 2 | 180 Lüthi Heinz (1964, Hermatswil) | 10:20,3 | 36:52,2 | 09:51,7 | 09:45,0 | 09:20,9 | 28:57,6 | 01:16:10,0 |
| 3 | 205 Erath Christoph (1967, Dornbirn) | 11:01,0 | 36:27,3 | 09:29,0 | 09:51,5 | 09:33,1 | 28:53,6 | 01:16:21,9 |
| 4 | 82 Hartmann Bruno (1967, Fideris) | 11:08,1 | 36:05,9 | 09:37,1 | 10:13,0 | 09:33,4 | 29:23,5 | 01:16:37,6 |
| 5 | 230 Schär Christoph (1961, Gossau) | 10:34,4 | 36:27,7 | 10:53,3 | 11:02,6 | 10:27,2 | 32:23,1 | 01:19:25,2 |
| 6 | 179 Karner Johann (1960, Triesen) | 10:00,7 | 39:39,1 | 10:06,6 | 10:25,7 | 09:57,0 | 30:29,3 | 01:20:09,1 |
| 7 | 102 Brägger Urs (1965, Ulisbach) | 12:16,7 | 37:15,0 | 10:31,7 | 10:38,5 | 10:16,0 | 31:26,2 | 01:20:57,8 |
| 8 | 228 Meier Patrick (1965, Uzwil) | 11:30,7 | 41:53,4 | 09:45,3 | 10:00,5 | 09:31,9 | 29:17,7 | 01:22:41,7 |

| | | | | | | | | |
|----|--|---------|---------|---------|---------|---------|---------|-------------------|
| 9 | 135 Salzgeber Franz (1963, Mauren) | 12:44,5 | 39:40,3 | 09:47,0 | 10:23,4 | 10:10,8 | 30:21,2 | 01:22:45,9 |
| 10 | 197 Hasler Peter (1964, Kriessern) | 11:37,7 | 38:06,0 | 10:50,8 | 11:27,7 | 10:58,9 | 33:17,4 | 01:23:01,1 |
| 11 | 142 Molenaar Peter (1962, Mastrils) | 10:15,6 | 38:48,2 | 11:38,0 | 11:35,3 | 11:26,6 | 34:39,9 | 01:23:43,6 |
| 12 | 96 Röhliberger Paul (1964, Gossau) | 11:33,6 | 38:54,2 | 11:00,0 | 11:21,2 | 11:05,8 | 33:27,0 | 01:23:54,8 |
| 13 | 124 Dietsche Ruedi (1963, Kriessern) | 12:46,5 | 38:56,9 | 10:43,5 | 11:41,2 | 11:18,4 | 33:43,1 | 01:25:26,5 |
| 14 | 176 Marchal Jerome (1960, Grenoble) | 12:12,9 | 43:25,8 | 09:52,7 | 10:29,1 | 10:14,5 | 30:36,3 | 01:26:14,9 |
| 15 | 184 Graf Kurt (1964, Amriswil) | 11:52,2 | 38:57,9 | 11:51,4 | 12:16,8 | 11:46,4 | 35:54,6 | 01:26:44,6 |
| 16 | 224 Kölbener Hans (1967, Wil) | 12:37,6 | 39:19,5 | 11:21,9 | 12:19,1 | 11:44,7 | 35:25,7 | 01:27:22,7 |
| 17 | 127 Schläppi Jörg (1950, Bubikon) | 11:50,9 | 40:37,1 | 11:39,5 | 12:33,0 | 12:25,7 | 36:38,2 | 01:29:06,3 |
| 18 | 225 Zagler Eduard (1965, Feldkirch) | 13:19,5 | 45:55,8 | 09:58,9 | 10:21,2 | 10:05,1 | 30:25,2 | 01:29:40,5 |
| 19 | 84 Lipp Reto (1964, Rorschach) | 13:23,5 | 43:54,9 | 12:47,4 | 13:52,9 | 13:25,2 | 40:05,5 | 01:37:23,9 |
| 20 | 104 Geist Harald (1968, Altach) | 15:09,1 | 49:48,9 | 11:46,4 | 12:12,8 | 11:16,0 | 35:15,2 | 01:40:13,3 |
| 21 | 167 Berger Peter (1958, Maienfeld) | 11:59,6 | 46:26,1 | 13:45,7 | 15:51,4 | 15:59,1 | 45:36,2 | 01:44:01,8 |
| 22 | 134 Darms Gion (1964, Landquart) | 16:06,2 | 53:48,0 | 11:56,8 | 15:10,8 | 13:06,5 | 40:14,1 | 01:50:08,3 |
| 23 | 116 Recktenwald Thomas (1962, Balgach) | 11:26,1 | | | | | | |

Plauschstaffette

| | | Schwim | Rad | Lauf | |
|-----|---------------------------------|---|---------|---------|----------------|
| 280 | 3 Generations | 04:15,0 | 13:32,5 | 09:03,2 | 26:50,6 |
| | | Spirig Andrea (1981, Diepoldsau) Scheuber Guido (1950, Berneck) Spirig Nando (2012, Diepoldsau) | | | |
| 288 | Die fitten Mobi-Kerle | 04:49,2 | 13:06,2 | 08:56,2 | 26:51,6 |
| | | Läng Sandro (2005, Heerbrugg) Dogan Demir (1978, Heerbrugg) Steiger Dominik (1998, Heerbrugg) | | | |
| 283 | Drei flotte Schwaben | 04:42,9 | 13:01,5 | 09:42,5 | 27:26,9 |
| | | Cihotzki Claudia (1981, Sachsenheim) Marugg Carina (1981, Rothenbrunnen) Katzner Holger (1981, Sachsenheim) | | | |
| 284 | Knobelspeed | 03:53,9 | 12:01,3 | 10:33,5 | 26:28,7 |
| | | Knobelspiess Katrin (2012, Berneck) Knobelspiess Richard (1975, Berneck) Knobelspiess Kaja (2013, Balgach) | | | |
| 281 | Kunz Family | 04:08,7 | 13:12,5 | 10:59,4 | 28:20,5 |
| | | Kunz Leonie (2010, Gempenach) Kunz Jonas (1996, Gempenach) Kunz Stephan (1968, Gempenach) | | | |
| 287 | Unaufhaltsames Mobi-Team | 04:18,9 | 13:34,6 | 13:12,0 | 31:05,5 |
| | | Wagler Janik (1992, Heerbrugg) Eugster Manuel (1985, Appenzell) Rösch Hannah (2006, Heerbrugg) | | | |

Stafette klein

| | | Schwim | Rad | Lauf | |
|---|-------------------------------|---|---------|---------|----------------|
| 1 | 286 Krüzz | 02:46,6 | 12:40,2 | 08:14,1 | 23:40,8 |
| | | Schelling Joel (2009, Widnau) Sinkovec Jan (2008, Widnau) Sinkovec Simon (2008, Widnau) | | | |
| 2 | 285 E hoch drei | 03:44,2 | 12:28,5 | 07:36,1 | 23:48,8 |
| | | Grabher Emma (2008, Au) Weder Emmy (2008, Au) Morger Raphael (2010, Au) | | | |
| 3 | 282 Die Turboschnecken | 04:50,4 | 13:38,4 | 10:17,3 | 28:46,1 |
| | | Kurath Jael (2009, Kriessern) Baumgartner Fiona (2009, Kriessern) Alisha Dietsche (2009, Kriessern) | | | |

| Stafette gross | | Schwim | Rad | Lauf1 | Lauf2 | Lauf3 | LaufGesamt | |
|-----------------------|---|--|------------|--------------|--------------|--------------|-------------------|-------------------|
| 1 | 301 catch us | 07:04,0 | 31:34,9 | 08:22,1 | 09:06,2 | 08:51,8 | 26:20,1 | 01:04:59,0 |
| | | Köppel Thomas (1969, Gontenbad) Köppel Jan (2000, Teufen) Schmid Vera (2002, Speicher) | | | | | | |
| 2 | 304 The Schawis Radsport Frei Team | 08:36,0 | 34:18,6 | 08:14,4 | 08:29,3 | 07:59,6 | 24:43,3 | 01:07:37,9 |
| | | Dudli-Schawalder Chantal (1989, Widnau) Schawalder Alexander (1962, Widnau) Schawalder Sven (1992, Widnau) | | | | | | |
| 3 | 351 Radsport Frei | 08:15,8 | 36:18,6 | 08:06,7 | 08:31,3 | 08:18,2 | 24:56,2 | 01:09:30,5 |
| | | Wohlgensinger Johanna (1981, Berneck) Fach Bianca (1976, Berneck) Recktenwald Seline (1992, Rebstein) | | | | | | |
| 4 | 313 Splash-Flash-Dash | 06:50,3 | 35:28,4 | 08:37,6 | 09:34,9 | 09:17,5 | 27:30,0 | 01:09:48,7 |
| | | Stalder David (1988, Zurich) Baumgartner Ronny (1991, Zurich) Marty Kevin (1992, Zurich) | | | | | | |
| 5 | 292 NoName | 09:46,3 | 36:39,8 | 08:57,8 | 09:15,7 | 08:27,7 | 26:41,2 | 01:13:07,3 |
| | | Dürst Martin (1961, Au) Tschünperlin Reto (1965, AU) Dürst Jannick (1994, Balgach) | | | | | | |
| 6 | 310 tre donnole | 10:47,7 | 36:52,4 | 08:21,5 | 08:52,4 | 08:31,7 | 25:45,6 | 01:13:25,6 |
| | | Koopmann Susanna (1972, St,Gallen) Pauli Kurt (1960, Kesswil) Rechsteiner Marcel (1983, St,Gallen) | | | | | | |
| 7 | 300 Pistenfiltzer | 11:53,7 | 38:22,5 | 08:05,9 | 08:38,7 | 08:06,0 | 24:50,6 | 01:15:06,8 |
| | | Kugler Joel (2000, Rebstein) Jegle Joel (2000, Rebstein) Auer Dominik (2006, Marbach) | | | | | | |
| 8 | 293 Gab sich Mühe | 09:53,4 | 38:48,0 | 08:45,9 | 09:19,3 | 08:54,3 | 26:59,5 | 01:15:40,9 |
| | | Kretz Bruno (1995, Widnau) Fink Nicolas (1995, Widnau) Dürst Timo (1995, Widnau) | | | | | | |
| 9 | 303 Hinterforst Elite | 08:57,4 | 40:07,3 | 09:09,4 | 09:53,5 | 08:58,2 | 28:01,1 | 01:17:05,7 |
| | | Zahnd Michael (1988, Hinterforst) Thür Daniel (1988, Hinterforst) Zahnd David (1990, Oberriet) | | | | | | |
| 10 | 311 Kings and Queen | 10:49,8 | 39:40,0 | 08:43,4 | 09:42,9 | 09:02,0 | 27:28,3 | 01:17:58,1 |
| | | Loher Silja (1998, Altstätten) Kluser Reto (1995, St,Gallen) Loher Claudio (1996, St,Gallen) | | | | | | |
| 11 | 312 Endurance Titans | 09:54,3 | 41:48,0 | 09:01,1 | 09:12,7 | 08:27,4 | 26:41,2 | 01:18:23,5 |
| | | Engler Patrick (1996, Balgach) Jäger Lukas (1995, Teufen AR) Eichmann Michael (1995, Oberglatt) | | | | | | |
| 12 | 308 Damenpower KTV Kriessern | 09:58,8 | 42:32,9 | 08:35,5 | 09:13,4 | 09:03,7 | 26:52,6 | 01:19:24,4 |
| | | Frischknecht Lea (1999, St,Gallen) Benz Alexandra (2000, Berneck) Betschart Sarina (1994, Diepoldsau) | | | | | | |
| 13 | 294 zämmagwörflat | 12:00,8 | 38:33,5 | 09:43,5 | 10:12,8 | 10:04,2 | 30:00,5 | 01:20:34,8 |
| | | Sieber Martin (1961, Marbach SG) | | | | | | |

| | | | | | | | | |
|----|-----------------------------|--|--|--|--|--|--|------------|
| | | Stieger Alina (1997, Kriessern) Meile Susanne (1969, Kriessern) | | | | | | |
| 14 | 309 Dreamteam KTV Kriessern | 09:24,8 43:08,0 10:19,1 11:33,1 11:20,2 33:12,4 | | | | | | 01:25:45,1 |
| | | Ritter Jennifer (1999, Oberriet) Zünd Nina (1995, Diepoldsau) Städler Valeria (1998, St.Gallen) | | | | | | |
| 15 | 314 STW | 10:53,7 39:37,7 10:17,6 12:26,2 13:02,7 35:46,5 | | | | | | 01:26:18,0 |
| | | Schroeder Winfried (1967, Thal) Schroeder Sina (2002, Thal) Schroeder Thilo (1999, Thal) | | | | | | |
| 16 | 306 Pistenflitzerjäger | 10:27,8 37:30,6 13:09,6 14:45,4 14:38,8 42:33,8 | | | | | | 01:30:32,1 |
| | | Jegle Rhea (2001, Rebstein) Göldi Michael (1998, Rebstein) Helfenberger Carina (2001, Arnegg) | | | | | | |
| 17 | 290 Piha Flitzer Chicas | 11:34,6 53:13,2 10:00,2 10:20,5 09:57,8 30:18,5 | | | | | | 01:35:06,3 |
| | | Müller Graf Mia (1955, Marbach) Kubalova Kristina (1985, Balgach) Niedermann Ramona (1988, Altstätten) | | | | | | |

| Firmenstaffette | | Schwim | Rad | Lauf1 | Lauf2 | Lauf3 | LaufGesamt | |
|-----------------|--------------------------------|--|---------|---------|---------|---------|------------|------------|
| 1 | 324 ISCM-HSG | 06:54,4 | 32:04,7 | 08:05,4 | 09:02,9 | 08:35,6 | 25:43,9 | 01:04:42,9 |
| | | Kohleisen Yannik (2003, St, Gallen) Beck Joschka (1993, Wienacht-Tobel) Auer Tim (1997, St, Gallen) | | | | | | |
| 2 | 333 Drei Bengel für SwissOptic | 07:39,1 | 37:12,8 | 08:20,6 | 08:34,7 | 08:17,0 | 25:12,3 | 01:10:04,1 |
| | | Kluser Roger (1974, Heerbrugg) Hötzel Jochen (1969, Heerbrugg) Rothau Sergej (1985, Heerbrugg) | | | | | | |
| 3 | 341 Würth Fasty | 12:41,7 | 34:01,2 | 08:32,5 | 08:38,4 | 08:36,9 | 25:47,8 | 01:12:30,7 |
| | | Meyer Kim (1986, Rorschach) Gerstmayer David (1996, Rorschach) Calzimiglia Florian (1999, Rorschach) | | | | | | |
| 4 | 342 Würth hoch3 | 10:12,1 | 39:54,2 | 07:30,8 | 08:08,7 | 07:51,9 | 23:31,4 | 01:13:37,8 |
| | | Schiefner Michael (1979, Rorschach) Kramer Marco (1989, Rorschach) Rühe Stephan (1983, Rorschach) | | | | | | |
| 5 | 323 Kapo SG | 09:36,7 | 37:29,2 | 08:54,3 | 09:21,7 | 08:49,4 | 27:05,4 | 01:14:11,3 |
| | | Düring Harald (1965, St, Gallen) Weder Daniel (1979, St, Gallen) Eugster Dominic (1981, St, Gallen) | | | | | | |
| 6 | 352 Team SFS one | 10:11,1 | 39:05,8 | 08:22,2 | 08:39,8 | 08:22,8 | 25:24,8 | 01:14:41,6 |
| | | Moschen Dominin (1990, Heerbrugg) Bähr Tobias (1990, Heerbrugg) Graf Michael (1980, Rebstein) | | | | | | |
| 7 | 332 Einzigartige Mobi-Bananen | 09:47,8 | 34:50,9 | 09:34,8 | 11:00,1 | 10:05,2 | 30:40,1 | 01:15:18,7 |
| | | Inauen Jasmin (1997, Heerbrugg) Spiess Robin (1998, Kriessern) Steiger Janis (2002, Heerbrugg) | | | | | | |
| 8 | 331 Rätikon BAZG | 10:43,9 | 36:59,9 | 08:45,4 | 09:44,8 | 09:26,6 | 27:56,8 | 01:15:40,6 |
| | | Würsch Rene (1971, Oberriet) Elmer Rico (1969, Au) | | | | | | |

| | | | | | | | | | |
|----|-----------------------------|---------|---------|---------|---------|---------|---------|-------------------|--|
| | | | | | | | | | Binz Thomas (1975, Diepoldsau) |
| 9 | 338 Safran Vectronix | 09:52,2 | 38:48,7 | 08:47,2 | 09:15,2 | 09:01,8 | 27:04,2 | 01:15:45,2 | Eschenmoser Dominik (1988, St,Margrethen) Lapiere Sander (1991, Heerbrugg) Halter Marcel (1986, Heerbrugg) |
| 10 | 345 VATastisch | 10:42,4 | 37:00,2 | 08:47,3 | 09:45,2 | 09:43,2 | 28:15,7 | 01:15:58,3 | Barran Ingo (1980, Feldkirch) Maag Philip (1994, Schaan) Preston Ernst (1997, Heerbrugg) |
| 11 | 336 Team Alpha One | 10:22,5 | 36:35,7 | 09:16,9 | 10:14,1 | 09:39,3 | 29:10,3 | 01:16:08,5 | Loher Toni (1964, Altstätten) Bartholet Roland (1969, Hinterforst) Stoop Sandro (1999, Heerbrugg) |
| 12 | 353 Zünd MobilCenter Team 1 | 07:28,2 | 43:04,5 | 08:51,7 | 09:13,6 | 08:29,9 | 26:35,2 | 01:17:07,8 | Halter Andri (2008, Altstätten) Halter Richard (1967, Altstätten) Breu Adrian (2002, Altstätten) |
| 13 | 355 SFS Team two | 13:20,9 | 41:18,9 | 08:30,2 | 08:48,1 | 08:07,2 | 25:25,5 | 01:20:05,3 | Spiegel Melanie (1990, Heerbrugg) Degen Paul (1992, Heerbrugg) Kuster Tobias (1990, Heerbrugg) |
| 14 | 340 Würth One | 09:37,6 | 39:07,8 | 10:19,4 | 11:04,6 | 10:28,2 | 31:52,2 | 01:20:37,6 | Hochreuter Ivo (1990, Rorschach) Axtmann Luisa (1995, Rorschach) Schaeffler Manuel (1990, Rorschach) |
| 15 | 334 SwissOptic on the Move | 11:19,0 | 39:03,6 | 09:57,3 | 10:29,7 | 10:08,0 | 30:35,0 | 01:20:57,6 | Bircher Michael (1966, Heerbrugg) Guerra Flavio (1986, Heerbrugg) Lanter Andreas (1984, Heerbrugg) |
| 16 | 347 VATmOtiOn | 08:47,6 | 43:42,6 | 09:55,4 | 10:18,2 | 09:49,6 | 30:03,2 | 01:22:33,5 | Barisione Matteo (1998, Italia) Jussel Thomas (1979, Nenzing) Szekely Gergely (1988, Gams) |
| 17 | 322 FABA Fahrzeugbau AG | 11:57,5 | 38:29,1 | 09:23,3 | 11:26,0 | 11:18,2 | 32:07,5 | 01:22:34,0 | Seitz Roland (1978, Kriesern) Oberholzer Jim (1986, Eichberg) Grütter Flavio (1993, Diepoldsau) |
| 18 | 354 Zünd MobilCenter Team 2 | 08:19,0 | 44:43,7 | 09:08,8 | 10:23,9 | 10:27,6 | 30:00,3 | 01:23:02,9 | Halter Leonie (2006, Altstätten) Zünd Stefan (1963, Altstätten) Krastev Vinsent (2001, Altstätten) |
| 19 | 320 sf-ag pioneers | 12:42,7 | 41:11,7 | 10:13,6 | 10:31,3 | 09:42,8 | 30:27,7 | 01:24:22,1 | Candraja Kevin (1991, Plons) Bünter Stephan (1995, Balgach) Muskat Johannes (1989, Niederurnen) |
| 20 | 337 SternGarage,ch ag | 13:14,3 | 38:07,9 | 09:45,5 | 11:33,6 | 12:17,1 | 33:36,2 | 01:24:58,4 | Eggenberger Noah (2006, Heerbrugg) Künzler Marcel (1975, Heerbrugg) Sinz Philippe (1990, Heerbrugg) |
| 21 | 339 Würth Purples Fastest | 09:48,4 | 41:03,5 | 11:07,9 | 11:45,7 | 11:31,2 | 34:24,8 | 01:25:16,7 | |

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|-----------|------------|-----------------------------------|---------|---|---------|---------|---------|---------|-------------------|
| | | | | Kohn Ina (1984, Rorschach) | | | | | |
| | | | | Jerg Felix (1990, Rorschach) | | | | | |
| | | | | Ackermann Susanne (1980, Rorschach) | | | | | |
| 22 | 327 | Schönauer AG - Boss | 14:21,0 | 43:05,9 | 09:40,4 | 10:22,0 | 09:52,1 | 29:54,5 | 01:27:21,4 |
| | | | | Klaus Sven (1985, Marbach SG) | | | | | |
| | | | | Göldi Urs (1985, Balgach) | | | | | |
| | | | | Schönauer Norbert (1970, Rebstein) | | | | | |
| 23 | 350 | BomVATisch | 09:20,6 | 51:04,9 | 08:59,3 | 09:24,9 | 08:37,4 | 27:01,6 | 01:27:27,2 |
| | | | | Wallace Nathan (1982, Sargans) | | | | | |
| | | | | Chan Shing Cheong - Ben (1996, Rorschach) | | | | | |
| | | | | Rohner Rico (1977, Balgach) | | | | | |
| 24 | 346 | oneVAT SEMIspeed | 11:25,3 | 42:30,5 | 10:29,9 | 11:44,7 | 11:24,4 | 33:39,0 | 01:27:34,8 |
| | | | | Demydenko Maksym (1985, Zürich) | | | | | |
| | | | | Bobnar Guido (1967, Eichberg) | | | | | |
| | | | | Bereuter Rene (1976, Wolfurt) | | | | | |
| 25 | 348 | motiVATed | 10:38,6 | 47:46,2 | 09:03,1 | 10:14,2 | 09:59,6 | 29:16,9 | 01:27:41,7 |
| | | | | Reddich Michael (1984, Arbon) | | | | | |
| | | | | Hermenegildo Francisco (1995, Sevelen) | | | | | |
| | | | | Crnolic Emir (1997, Gossau) | | | | | |
| 26 | 349 | miVATulös | 12:29,1 | 44:58,7 | 09:21,1 | 10:33,2 | 10:35,8 | 30:30,1 | 01:27:57,7 |
| | | | | Aliaj Leonit (1999, Buchs) | | | | | |
| | | | | Browning Patricia (1991, Sargans) | | | | | |
| | | | | Walker John (1985, Grabs) | | | | | |
| 27 | 344 | innoVATion | 11:42,0 | 36:57,0 | 11:17,2 | 13:51,2 | 14:18,3 | 39:26,7 | 01:28:05,7 |
| | | | | Dremelj Miran (1975, Sennwald) | | | | | |
| | | | | Allenspach Nicolas (1994, Grabs) | | | | | |
| | | | | Boeck Benedict (1987, Sevelen) | | | | | |
| 28 | 330 | SV BAZG | 09:35,6 | 43:47,7 | 11:08,1 | 12:30,8 | 11:59,8 | 35:38,7 | 01:29:01,9 |
| | | | | Senn Matthias (1981, Wolfhalden) | | | | | |
| | | | | Tönz Martin (1972, Balgach) | | | | | |
| | | | | Schmuckli Martina (1991, St, Gallen) | | | | | |
| 29 | 325 | Schönauer AG - Wörker | 12:43,6 | 38:51,4 | 12:27,1 | 12:47,1 | 12:37,2 | 37:51,4 | 01:29:26,4 |
| | | | | Leuener Beat (2001, Marbach) | | | | | |
| | | | | Graber David (2006, Altstätten SG) | | | | | |
| | | | | Breitenmoser Ignaz (1959, Marbach SG) | | | | | |
| 30 | 326 | Schönauer AG - Youngsters | 14:25,1 | 43:48,3 | 09:43,0 | 10:49,2 | 10:41,6 | 31:13,8 | 01:29:27,1 |
| | | | | Schmid Ramon (2004, Marbach SG) | | | | | |
| | | | | Stüdl Melanie (2001, Altstätten SG) | | | | | |
| | | | | Schedler Gianluca (2002, Rheineck) | | | | | |
| 31 | 343 | VAT - Vino And Tagliatelle | 11:22,0 | 42:44,2 | 12:20,5 | 15:00,9 | 15:53,5 | 43:14,9 | 01:37:21,0 |
| | | | | Gili Margherita (1998, Buchs SG) | | | | | |
| | | | | Abdelaziz Karim (1996, Zürich) | | | | | |
| | | | | Vottero Viutrella Matteo (1996, Grabs) | | | | | |
| 32 | 321 | Dream Team Greiner | 12:34,3 | 53:16,4 | 11:01,6 | 11:42,5 | 11:17,6 | 34:01,7 | 01:39:52,4 |
| | | | | Crescenza Vincenzo (1963, Arbon) | | | | | |
| | | | | Oehler Sheriff (1961, Rebstein) | | | | | |
| | | | | Kampouris Antonios (1982, Goldach) | | | | | |
| 33 | 335 | Alpha slow but glow | 12:45,9 | 49:23,4 | 12:23,8 | 13:23,1 | 12:35,6 | 38:22,5 | 01:40:31,7 |
| | | | | Loher Nicole (1969, Altstätten) | | | | | |
| | | | | Köppel Belinda (1990, Widnau) | | | | | |
| | | | | Kellenberger Malina (1998, Berneck) | | | | | |

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|-----------|------------------------------------|----------------------------------|---------|---------|---------|---------|---------|-------------------|
| 34 | 329 AVMR Schlag dich leicht | 10:29,0 | 48:39,7 | 13:43,6 | 14:23,4 | 13:26,2 | 41:33,2 | 01:40:41,9 |
| | | Heeb Andrea (1976, Heerbrugg) | | | | | | |
| | | Studerus Joel (1996, Heerbrugg) | | | | | | |
| | | Kuhle Stefanie (1976, Heerbrugg) | | | | | | |
| 35 | 328 AVMR Blitzschnell | 13:28,4 | 52:26,4 | 11:55,1 | 13:11,3 | 13:03,7 | 38:10,1 | 01:44:04,9 |
| | | Theissl Thomas (1979, Heerbrugg) | | | | | | |
| | | Müller Lea (1997, Heerbrugg) | | | | | | |
| | | Avdiu Dominic (1996, Heerbrugg) | | | | | | |